Name	Comment	Length Genre	Un/edited Date Added
10 2025  Inside Health - The Virus - Acute Kidney Injury with Covid-19 Passive Immunisation Online GPs face mask interactions m000j233 original 13 Minutes Presents The Space Shuttle The Space Shuttle - 09. The Space Shuttle 9. What is it all for w3ct80bs other	Acute Kidney Injury & Covid-19; passive immunisation; online GPs; face mask interactions.  Is human spaceflight worth the risk? After the disaster come tough questions.	00:27:47.030 Factual 00:39:13.136 Factual	Unedited Added 10 2025 Unedited Added 10 2025
13 Minutes Presents The Space Shuttle The Space Shuttle - 10. The Space Shuttle 10. Return to flight w3ct80bt other A Month of Maureen - 02. Five Lessons b09dtd3w original Acid Dream The Great LSD Plot - 1. Dream Away p0d7r8bz podcast	The space shuttle is back - and they're ready for lift off Nigella is a mistrustful piano student - can her tutor win her over? The story of an attempt to start a revolution of the mind, from a Welsh farmhouse.	00:33:34.354 Factual 00:29:00.042 Drama 00:20:53.799 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Acid Dream The Great LSD Plot - 2. The Golden Goose p0d96892 podcast  Acid Dream The Great LSD Plot - 3. The Mole p0dbt2h0 podcast  Acid Dream The Great LSD Plot - 4. Counting Sheep p0dbt562 podcast	Episode two of the LSD saga about an attempt to spark a revolution of the mind.  Episode three of the LSD saga about an attempt to spark a revolution of the mind.  Episode four of the LSD saga about an attempt to spark a revolution of the mind.	00:24:50.494 Factual 00:20:29.897 Factual 00:24:57.991 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Acid Dream The Great LSD Plot - 5. Dreams End p0dgf6mn podcast Acid Dream The Great LSD Plot - 6. The Microdoctrine p0dhrllx podcast	Episode five of the LSD saga about an attempt to spark a revolution of the mind. Final episode of the LSD saga about an attempt to spark a revolution of the mind.	00:24:21.446 Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025
Acid Dream The Great LSD Plot - Welcome to Acid Dream The Great LSD Plot p0d6btd3 podcast  Amazing Sport Stories - Trailer Bill Waltons The Grateful Team p019qc9w podcast	An attempt to start a revolution of the mind, from a Welsh farmhouse.  Basketball, the Cold War, and rock band The Grateful Dead collide in this true story	00:01:09.146 Factual 00:03:21.665 Factual	Unedited Added 10 2025 Unedited Added 10 2025
Are You Still Awake by Russell Davies - 02. Natasha Pyne and Paul Copley m002128j original Are You Still Awake by Russell Davies - 03. Imelda Staunton and Jim Carter m00213kv original Are You Still Awake by Russell Davies - 04. Dame Judi Dench and Michael Williams m00213vr original	Ged and Ann spend a cold night on Mount Snowdon - much to her annoyance.  An uncomfortable stay for two actors at their theatrical digs.  A couple are pleased with a recent work trip - but what exactly have they been doing?	00:17:00.055 Drama 00:17:00.055 Drama 00:18:00.032 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Are You Still Awake by Russell Davies - 05. Diana Quick and Bill Nighy m00212cz original Bad Salsa Series 3 - 01. Day of the Living Dead b091w0f4 original Believe It Series 6 - 04. Holiday m0017v6n original	A Tory MP shares some scandal with his wife - and she has news for him too.  Jill and Chippy try to follow Terri's wishes for her funeral.  Richard Wilson wants a holiday. But he's not sure he wants to leave his flat.	00:17:00.055 Drama 00:27:35.353 Comedy 00:27:56.016 Comedy	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Call Jonathan Pie - 2. Money p0fsd9p5 other Disco by Nick Walker - 1. Functional Fixedness m002d07g original Disco by Nick Walker - 2. Anchoring Bias m002d0dh original	Pie airs his spicy views on money and private education.  Disco investigate the murder of a military bandsman in Burnley. By Nick Walker.  Marnie looks for clues in the murdered soldier's past. By Nick Walker.	00:35:51.366   Comedy 00:14:01.586   Drama 00:13:37.606   Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Disco by Nick Walker - 3. Belief Perseverance m002d126 original Disco by Nick Walker - 4. Hot Hand Fallacy m002d1cr original Disco by Nick Walker - 5. Hostile Intent Bias m002czq5 original	Disco raids the house of a new suspect: someone else from the band. By Nick Walker.  Marnie flies to Jordan where she makes an alarming discovery. By Nick Walker.  Marnie closes in on the identity of Adam McTavish's killer. By Nick Walker.	00:13:28.411 Drama 00:13:24.519 Drama 00:14:58.716 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Do Gooders Series 2 - 3. The Force m002jf50 original  Do Gooders Series 2 - 4. The Party m002jtyv original  Do Gooders Series 2 - 5. The Retirement m002k3m8 original	A charity Star Wars film marathon receives a mixed response from the gang.  It's Clive's birthday. The others organise a fundraising dinner to clash with his party.  Ken receives news that takes him out of the office. Achi is forced to step into his shoes.	00:27:25.531 Comedy 00:27:45.018 Comedy 00:27:50.896 Comedy	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Eras Queen - 1. Ascension m002150g podcast Eras Queen - 2. Coronation m002150j podcast Eras Queen - 3. Heavy Is The Crown m002150l podcast	Bill Bailey tells the story of Queen, rock's most flamboyant and iconic band. Bill Bailey delves into Queen's evolution into stadium-shaking titans. Bill Bailey explores the emotional and creative toll of fame on Queen.	00:31:06.396 Music 00:36:56.359 Music 00:35:12.156 Music	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Eras Queen - 4. The Reign Continues m0021501 podcast  Eras Queen - 5. Interview with Queen icons Brian May Roger Taylor m0021vlj podcast  Factory Girls by Michelle Gallen - 01. Episode 1 p0crz15n other	Bill Bailey looks at Queen's most poignant and powerful chapter. Bill Bailey sits down to interview Queen legends Brian May and Roger Taylor.	00:26:41.671 Music 00:29:31.154 Music 00:15:35.340 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Factory Girls by Michelle Gallen - 02. Episode 2 p0crz19n other Factory Girls by Michelle Gallen - 03. Episode 3 p0crz1hn other	Maeve takes a fateful summer job, but has teenage dreams of escaping.  It's Maeve's first day at the deeply divided Strawbridge and Associates  Maeve's thrown herself into a new job and flat for the summer - but can't escape the past.	00:15:54.958 Drama 00:15:44.666 Drama	Unedited Added 10 2025 Unedited Added 10 2025
Factory Girls by Michelle Gallen - 04. Episode 4 p0crz1sp other Factory Girls by Michelle Gallen - 05. Episode 5 p0crz1y6 other Factory Girls by Michelle Gallen - 06. Episode 6 p0crz215 other	Maeve's doing her best to ignore the sectarianism around her. Andy's attentions don't help Controversially, the workers are enjoying a night out at Catholic bar courtesy of Andy Maeve tries not to get distracted by small minded men in her small minded town.	00:14:44.088 Drama 00:16:44.826 Drama 00:15:09.426 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Factory Girls by Michelle Gallen - 07. Episode 7 p0crz2hh other Factory Girls by Michelle Gallen - 08. Episode 8 p0crz2nd other Factory Girls by Michelle Gallen - 09. Episode 9 p0crz2xs other	Both Maeve's love life and hopes of peace in Northern Ireland are in tatters It's results day for Maeve, Caroline and Aoife Following their exam results, a rift forms between Maeve and Aoife	00:15:38.553 Drama 00:15:50.961 Drama 00:17:12.463 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Factory Girls by Michelle Gallen - 10. Episode 10 p0crz3gk other  Helm by Sarah Hall - 01. That Brief Busy Interlude m002kfqk other	In this final episode will Maeve escape her small town to London?  An elemental story about climate, discovery and the time we have left.	00:18:29.342 Drama 00:13:35.151 Drama	Unedited Added 10 2025 Unedited Added 10 2025
Helm by Sarah Hall - 02. The Centre for Atmospheric Science m002kf9t other Helm by Sarah Hall - 03. Who Will Build the Cross m002kgn7 other Helm by Sarah Hall - 04. Apocalypse Various m002kgsn other	Travellers on a well-worn path arrive to investigate Helm.  Michael Lang's plan becomes clearer as a threat is made against the stone circle.  Selima encounters familiar attitudes on Great Dun Fell as NaNay returns from the mountain.	00:13:23.082 Drama 00:13:36.326 Drama 00:13:36.065 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Helm by Sarah Hall - 05. Problems But Not Unsolvable m002kfnx other Helm by Sarah Hall - 06. A Single Determined Man m002krm2 other Helm by Sarah Hall - 07. Look Above m002krj8 other	Nathaniel is determined to destroy the circle as Helm brings a gift to NaNay's tribe.  Michael takes up his burden and faces Helm as Thomas begins investigating the wind.  The tables are turned as Helm is terrorised from the air.	00:13:17.231 Drama 00:13:38.703 Drama 00:13:41.446 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Helm by Sarah Hall - 08. Into Helms Lair m002ks3z other  Helm by Sarah Hall - 09. Where the Energy Recirculates m002kq4c other  Helm by Sarah Hall - 10. Make the Most of Every Day Remaining m002ks6l other	Nathaniel's thirst for destruction reaches its height and bereavement looms in Glassonby.  The components for Thomas Bodger's Revelation Machine begin to arrive.  Dr Selima Sutar encounters Helm for the first time.	00:13:39.121 Drama 00:13:44.424 Drama 00:14:06.393 Drama	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - 2020-10-20 m000n18m original Inside Health - A guide to the perimenopause m001vsgd original Inside Health - Acid Attacks and Corneal Grafts Bowel Cancer Screening Sports Prosthesis for Children b09wshs0 original	What's the best way to boost oxygen levels in Covid-19 patients?  How to prepare for the perimenopause and why it's not all bad.  Dr Mark Porter talks to Andrew who was blinded by a robber in an acid attack.	00:14:06.393 Drama 00:27:46.951 Factual 00:27:49.146 Factual 00:27:37.417 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Addiction services Schizophrenia Hearts and cancer b0952qqh original Inside Health - AE in winter Fruit juice Opioid drugs and chronic pain No evidence Obesity b04wv052 original	Inside Health reveals the poor state of addiction services in England. Should fruit juice be dropped from 5-a-day? A&E in winter; Mark visits a busy pain clinic.	00:27:48.806 Factual 00:28:05.211 Factual 00:27:47.761 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Ageing brain Fish Oils Adaptive Trials Yoga b09w0hcr original Inside Health - Air Pollution Infectious Disease and Healthcare Staff Hymenoplasty m000fgf7 original Inside Health - Alcohol cancer treatments hair halitosis b01q8nrl original	Deciding between healthy ageing and early dementia, fish oils, adaptive trials and yoga.  Keen cyclist and GP, Dr Farrah Jarral investigates the health effects of air pollution.  Dr Mark Porter on alcohol, caffeine shampoo, targeted cancer therapies and halitosis.	00:27:42.354 Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Alcohol pricing Phages Cervical smears Swaddling and hips Smart beds b01r9crt original Inside Health - Allergies How to support young people as they grow up m00289nw other Inside Health - Alzheimers and Parkinsons research HPV Vaccine BRCA genes b091y733 original	Does minimum pricing of alcohol actually work? With Mark Porter.  Teens can be the riskiest time for someone with severe allergies. How can it be more safe?  Alzheimer's and Parkinson's research, HPV vaccine, BRCA genes and breast cancer survival.	00:29:00.094   Factual   F	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Antibiotics cervical smears premature labour hip replacements b01r51q3 original Inside Health - Antibiotics Lung Cancer Dying of a Broken Heart Gender Bias b08zc6gc original Inside Health - Antibiotics Statins and Pneumonia Neurosurgery for Epilepsy b099yh81 original	Antibiotic resistance, preventing premature labour, smear tests and joint replacements.  Margaret McCartney unpicks recent headlines suggesting its okay not to finish antibiotics.  Antibiotic apocalypse, statins and treating pneumonia, and neurosurgery for epilepsy.	00:29:00.094 Factual 00:27:42.876 Factual 00:27:38.409 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Antibiotics Winter Flu NHS Continuing Healthcare Snoring b04jk3rx original Inside Health - Antibodies to Covid in Kids Covid and Colds PIMS-TS m000mzpr original Inside Health - Antidepressant withdrawal chemotherapy backpacks dizziness over the counter gels for pain relief m0009jkj original	Dr Mark Porter looks at the evidence for winter flu jabs and reviews sleep apps.  Antibodies to Covid found in kids before the pandemic; Covid and colds, PIMS-TS.  Antidepressant withdrawal; chemotherapy backpacks; dizziness; gels for pain relief	00:27:38.253 Factual 00:27:42.511 Factual 00:27:47.709 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Anti-inflammatories and ovulation Probiotics and Parkinsons Blood interval and patient forums online m0006zvs original Inside Health - Anti-smoking incentives ACE inhibitor cough Raynauds fizzy drinks b01c7pr9 original Inside Health - Anti-virals for flu Bod Pod test for body fat Patients weight X-rays and cancer b03zy4hs original	Anti-inflammatories & ovulation; probiotics and Parkinson's; giving blood; patient forums  Dr Mark Porter investigates a scheme to stop pregnant women from smoking.  The evidence for anti-virals and flu. Plus Mark gets his body fat checked.	00:27:41.753 Factual 00:29:00.094 Factual 00:29:00.094 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Appendicitis Artificial hips Temporal Arteritis Urinary stones b036v9hq original Inside Health - Are more young people getting cancer m001yqs8 podcast Inside Health - Aspirin and heart attacks BPPV vertigo Patronising language Carpal tunnel sydrome Osteoporosis treatment b068xg8b original	Dr Mark Porter on why Elton John is waiting two weeks for his appendix operation.  Following the Princess of Wales's diagnosis, we look at disease rates in people under 50.  Aspirin and heart attacks, vertigo, carpal tunnel sydrome and osteoporosis treatment.	00:29:00.094 Factual 00:27:39.611 Factual 00:27:51.079 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Aspirin and heart attacks been vertigo fatronishing language carpar tunner sydrome osteoporosis treatment booksgob original  Inside Health - Aspirin Stroke Best Interests Lasting Power of Attorney Bawa Garba b0bcgw3j original  Inside Health - Assisted dving How can we be certain someone wants to die m0029hlk other	Mark Porter investigates aspirin preventing disease, ADHD in adults and holiday illnesses.  A baby aspirin for heart attack or stroke, best interests and lasting powers of attorney.	00:29:00.094 Factual 00:27:45.436 Factual 00:28:18.769 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Assisted Dying What might the final moments be like m0029q5v other Inside Health - Assisted dying Whos eligible under the proposed bill m00298nh other	James Gallagher and the panel discuss the safeguarding implications of the proposed bill James Gallagher and the panel consider if an assisted death can guarantee a peaceful end. In the first of our mini-series we discuss who could get an assisted death under the rules	00:28:14.772 Factual 00:27:58.628 Factual	Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Asthma inhalers Knee arthroscopy Pelvic girdle pain Medically unexplained symptoms b062khlm original Inside Health - Asthma Sunbeds BMI Dry mouth b01pzs7j original Inside Health - Asthma Visual snow Confounding factors b0735q9m original	Does using an asthma inhaler give athletes a performance advantage in their sport?  Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.  Why is asthma overdiagnosed and undertreated? Plus visual snow and confounding factors.	00:28:09.704   Factual   F	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Avastin Peanut Allergy Bowel Bacteria and Faecal Transplants b055g8zm original Inside Health - Back pain and paracetamol blood thinning drugs drug driving kidney stones b04brlq6 original Inside Health - Bats and Rabies Hip Dysplasia in babies Online health tips Clinical Law m00074jp original	Mark Porter visits a laboratory to find out how gut bacteria could be influencing weight.  Paracetamol and back pain; blood thinning drugs; drug driving limits and kidney stones.  Bats and the risk of rabies; hip dysplasia in babies; online health tips; clinical law.	00:27:58.367   Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Bedside Covid Test Longterm Covid Recovery m000lg48 original Inside Health - Big baby birth trial Uveitis Telephone triage Burns b096hczd original Inside Health - Biosimilars Insomnia Abortion at home b0b92wyn original	Dr Mark Porter on a bedside test for Covid-19 and long term recovery from the virus.  The Bristol team behind a pioneering way to protect the vision of children with arthritis.  Bad sleep breeds bad sleep. Dr Mark Porter reports on what works for insomnia.	00:27:42.876 Factual 00:27:45.645 Factual 00:27:40.525 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Bird flu update after UK farm worker infected and your questions on urinary problems m0027kld other Inside Health - Bisphosphonates IBS and diet CRP test for infection Randomisation b08hnpmn original Inside Health - Bladder bowels and sex Learning to live after my mountain accident m001vcgk original	James discusses the risk from H5N1 and asks your questions on urinary incontinence.  Bisphosphonates, IBS and diet, CRP test for infection, and randomisation.  Niall McCann on navigating the ups and downs of life with a spinal cord injury.	00:27:51.105   Factual 00:27:42.902   Factual 00:27:47.944   Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Blood Clots Iron Supplements Doctors Bag b09ply54 original Inside Health - Blood pressure Palm oil b06z2pnd original Inside Health - Blood pressure pills and cancer Aortic aneurysm repair Sinks and hospital infection m0000y9r original	Blood clots acquired in hospital. Taking iron supplements. Plus what is in a doctor's bag?  How low should you go when treating blood pressure? And why is palm oil in so many foods?  Blood pressure pills and cancer, aortic aneurysm repair, sinks and hospital infection	00:27:40.786 Factual 00:27:49.511 Factual 00:27:12.470 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - BP reax fibroids access to notes botox b01m5k3c original Inside Health - Braintraining and dementia Cluster headaches Cancer rehab hellomynameis b07lg6jv original Inside Health - Breast cancer Alcoholism CRPS Generics b07wby11 original	Dr Mark Porter finds out that botox injections can help chronic migraine sufferers.  Dr Mark Porter investigates whether brain training can cut cases of dementia by a third.  Breast cancer and bisphosphonates, alcoholism and Baclofen, CRPS, generics.	00:29:00.094 Factual 00:27:43.137 Factual 00:27:40.656 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Breast cancer and Tamoxifen Drug holidays Medicines for children Cardiac training range b01s0df8 original Inside Health - Breast density Health education Switching outcomes b0901fr4 original Inside Health - Can diet and exercise ever replace statins m0021ghx podcast	Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.  Breast density; health education; switching outcomes in clinical trials.  Plus, sunburn remedies and how snus might enhance sporting performance	00:29:00.094 Factual 00:27:45.724 Factual 00:28:17.201 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Can insomnia be fixed m001yhzr podcast Inside Health - Can noise harm our health m001xvnb podcast Inside Health - Can supervised toothbrushing fix the childrens dental crisis m002545m podcast	We're joined by a panel of experts to answer your questions on insomnia.  We head into the lab to find out how unwanted sound can affect the body and brain.  Around a third of British children have tooth decay. Is supervised toothbrushing the fix?	00:27:53.717 Factual 00:27:52.855 Factual 00:28:05.916 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Can you be addicted to sugar m0029yy8 original Inside Health - Can you really boost your immune system m00274wy other Inside Health - Cancer drugs fund Winter flu vaccine Bandy legs and knock knees Peer review b06bngt2 original	James explores the science of a sweet tooth and then gets tips on how to brush like a pro. From kombucha to cold water swims, does any of it help protect us from getting a virus? Dr Mark Porter on the anxiety being caused by proposed reforms to the Cancer Drugs Fund.	00:27:12:182 Factual 00:28:05.760 Factual 00:28:02.416 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Cancer of the cervix HPV Oral cancer HPV Eating late Feedback on Sugar Thrush Cataracts Scarfree operations b03y10td original Inside Health - Cancer vaccine trials and planning for cyber attacks m0022c2z podcast	Why cervical cancer screening in the UK could change, and is there a right time to eat? We meet a patient on a revolutionary cancer vaccine trial, plus planning for cyber attacks	00:29:00.094 Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Cardiac Rehab Withdrawing from Antidepressants Middle Ear Implant b09v3ff4 original Inside Health - Care data New gastric balloon Vocal dysphonia Antacids b03q8z4k original Inside Health - Care of the dying Birdsong in GP surgeries Sex development b03zx7nd original	Dr Mark Porter busts some of the myths surrounding recovery from a heart attack.  A new gastric balloon, overuse of stomach drugs, the new NHS database and vocal dysphonia.  Dr Mark Porter presents a series that aims to demystify perplexing health issues.	00:27:44.862 Factual 00:29:00.094 Factual 00:29:00.094 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Care.data Asthma Acne rosacea Pacemakers b07jysvn original Inside Health - CBD oil Dental phobia Gout m00035p3 original Inside Health - Cervical Screening in Older Women Hepatitis E in Nepal Enlarged Prostate Significance b05xxkr4 original	Dr Mark Porter looks at care.data, asthma, acne rosacea and pacemakers. Dr Mark Porter investigates CBD oil, visits a dental phobia clinic and talks gout. Cervical screening in older women and concerns about a hepatitis E outbreak in Nepal.	00:27:49.746 Factual Factual Factual Factual Factual Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Changing the lives of children with rare genetic diseases m0023y0w podcast Inside Health - Charles Bonnet syndrome Co-proxamol Meningitis B vaccine Smart tablets b071fs79 original Inside Health - Chicken pox in pregnancy Club foot Test for Conns syndrome Teeth brushing b06zs22x original	How gene analysis is impacting treatment and care for children with rare genetic disorders Patient power and the parental clamour for more children to get the meningitis B vaccine. Dr Mark Porter talks about chicken pox in pregnancy.	00:28:02.024 Factual 00:27:51.209 Factual 00:27:48.728 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Cholesterol-lowering drug Defibrillators Post-traumatic stress disorder and heart disease Lack of drugs in pregnancy b08jbclv original Inside Health - Cigarette Filters Sepsis m000fp66 original Inside Health - Cigarette Packets Sex Education Gallstones Cosmetic Surgery b054qctf original	Cholesterol-lowering drug; defibrillators; PTSD and heart disease; lack of pregnancy drugs Chris van Tulleken examines cigarette filters and how the media report sepsis. Sex education, cosmetic surgery trends, removing gallstones and cigarette packaging.	00:27:45.332 Factual 00:27:45.671 Factual 00:28:02.494 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Clinical trials Yellow cards Chemo brain Conduct Disorder b01qwc8y original Inside Health - Coffee nap rave repeat m001w751 original Inside Health - Conflict of interest Living with a stoma Diet books m000254c original	Dr Mark Porter puts the pharmaceutical industry in the spotlight as trials are criticised. We discuss how much caffeine is too much, whether you need a nap and day-time raving. Should policy-making organisations in public health partner charities funded by industry?	00:29:00.094 Factual Factual Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Conflict resolution in Ashya King case GPs near work Lipoedema b04hvynt original Inside Health - Conflicted Medicine Pharmaceuticals b04d4n8q original Inside Health - Conflicted Medicine Public Health Campaigns b04f9rdw original	Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.  Are hidden conflicts of interest in medicine out of control or an over-hyped concern?  Dr Mark Porter examines how powerful lobbying groups influence what you eat and drink.	00:27:59.516 Factual 00:27:43.268 Factual 00:28:04.897 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Coronavirus Probiotics and Babies gut health Pill Organisers Haemophilia therapy m000dpky original Inside Health - Coronavirus Special m000g3k6 original Inside Health - Coronavirus Transmission Breakfast Women and Heart Attacks Personal digital assistants m000f5hg original	Coronavirus; Probiotics and gut health in early life; Pill Organisers; Haemophilia therapy Saleyha Ahsan reports from her own emergency department about preparations for Coronavirus Coronavirus; Breakfast; Women and Heart Attacks; Personal digital assistants.	00:27:41.936 Factual 00:27:43.843 Factual 00:27:46.324 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Coughs vocal cord dysfunction and athletes taste and smell waiting room toys b01kjtkq original Inside Health - Could weight-loss drugs treat addiction m001p71s original Inside Health - Covid-19 and ethnicity in medicine medical devices safety review m000kty9 original	Dr Mark Porter asks what the performance of elite athletes tells us about our health.  Could weight-loss drugs also have potential to tackle serious addiction?  Covid-19 and ethnicity in medicine and medical devices safety review.	00:29:00.094 Factual 00:27:49.511 Factual 00:27:49.093 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Covid-19 and the Impact on UK Cancer Services m000kp68 original Inside Health - Covid-19 Intensive Care Beds Ibuprofen Laser and Glaucoma Faecal Incontinence m000gbft original Inside Health - COVID-19 PPE Secondary Pneumonia Viral Load Trauma Care in Fort William m000gl9r original	James Gallagher investigates the impact on cancer care of the pandemic Dr Saleyha Ahsan investigates the struggle to increase capacity in intensive care. Margaret McCartney on COVID-19; Pneumonia; Viral Load; Trauma Care in Fort William.	00:27:39.428 Factual 00:27:50.008 Factual 00:27:21.404 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Covid-19 Test and Trace Non-drug trials in a pandemic m000nc2r original  Inside Health - Declining male fertility Diagnosing urinary tract infections in the elderly Guide to health websites m0006sp4 original  Inside Health - Dementia advice Antidepressants Transplant organs Vaginal seeding b072hlny original	Covid-19 Test and Trace; Non-drug trials in a pandemic  Declining male fertility, diagnosing urinary tract infections, and health websites.  Antidepressants - how do you know when you are better and can stop taking them?	00:27:40.107 Factual 00:27:49.982 Factual 00:27:50.321 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Dementia Sleep Thyroxine b01pp5zj original Inside Health - Dementia Your questions answered and lions mane mushrooms in the lab m0027tr1 other	Testing everyone over 75 who is admitted to hospital for signs of dementia.  We tackle your questions on dementia and meet the team studying mushrooms for brain health	00:29:00.094 Factual Factual	Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Deprescribing long-term opioids Diagnosing concussion m0002z4r original Inside Health - Deprescribing m0006dmn original Inside Health - Diabetes Tech Antidepressants Stem Cell Therapy and knees b09snj9d original	Opioids for long-term pain and evidence for deprescribing them. Diagnosing concussion.  In a new series Dr Mark Porter explores the growing trend to 'deprescribe'.  Diabetes glucose monitors, antidepressants, stem cell therapy and knees.	00:27:48.649 Factual 00:27:48.884 Factual 00:27:40.421 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Diabetes Type II Obesity Feedback on Anorexia and Shingles Lyme Disease b03dslf5 original Inside Health - Did Covid turn us into teeth grinders m001k7mm original Inside Health - Dr Google Sexual orientation and the NHS Hypermobility Surgery for COPD b098jm8f original	Dr Mark Porter investigates how doctors detect and diagnose type-2 diabetes.  James Gallagher finds out if we've become a nation of pandemic teeth grinders.  Dr Google; GPs told to ask about your sexual orientation; hypermobility; surgery for COPD.	00:29:00.094 Factual 00:27:44.261 Factual 00:27:49.746 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Drinking urine diclofenac pigeon fanciers lung hospital food b01qm4py original Inside Health - Drug Driving End of Life Care Smart Drugs b0537666 original Inside Health - Drug shortages Eye drops for myopia Is muscle more dense than fat Sarcopenia m00020zc original	Can drinking urine save your life? Heart risks of diclofenac and hospital food as medicine New drug-driving laws include some medications, end of life care and smart drugs. Drug shortages, eye drops for myopia, is muscle more dense than fat? And sarcopenia	00:29:00.094 Factual 00:28:35.539 Factual 00:27:36.398 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Drugs link to dementia Gluten-free Heart disease in women Social jetlag Boilers on prescription b05077n8 original Inside Health - Dry January and Nalmefene PLAC Blood Test for Inflammation Dental Check-ups b04xp4x7 original Inside Health - Dying at Home Familial Hypercholesterolaemia FH Delirium b07z45x4 original	Increased risk of dementia from common drugs; and is going gluten free good for you?  Treating alcohol dependence with a pill, predicting heart attack risk and dental visits.  Dying at Home; Familial Hypercholesterolaemia FH; Delirium.	00:27:53.221 Factual 00:27:57.505 Factual 00:27:37.521 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Ebola Bike saddles Recording consultations Insect bites b04810sm original Inside Health - Ebola Painkillers Immunity CVID Integrated Health Thyroid and Pregnancy b04kb18w original Inside Health - E-cigarettes Ashermans syndrome Rugby b070dq8h original	Ebola, bike saddles and erectile dysfunction, recording consultations and insect bites.  Dr Mark Porter explores Ebola and how predictions of its spread are made.  The UK's first licensed e-cigarette, owned by a tobacco company, is classed as a medicine.	00:27:59.281 Factual 00:27:53.404 Factual 00:27:37.103 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - E-cigs PPI feedback Be assertive with your doctor Prostate cancer diagnosis b03s742d original Inside Health - E-cigs Prehabilitation before surgery Hospital safety m0003d0r original Inside Health - Edge of space Laparotomy Tremor Pyjamas b01nb1sh original	E-cigarette advertising, and could MRI revolutionise the diagnosis of prostate cancer?  Why vaping divides public health experts, prehabilitation before surgery, hospital safety  The science behind this week's leap from the edge of space - how the human body copes.	00:29:00.094 Factual 00:27:42.040 Factual 00:29:00.094 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Edge of Space Laparotomy fremof Pyjamas Bullibrish Ofiginal  Inside Health - Emergency abdominal surgery Thermometers Vitamins and dementia Risk b0608h85 original  Inside Health - Epipens Autoinjectors Meningitis B Bedside Test Age Related Macular Degeneration m0000sx4 original  Inside Health - Feedback on Teenage Pregnancy Smoothies AMD Hospital Beds Frailty Feedback on Gallstones Moles b05mt3gy original	Demistifying perplexing health issues, including which thermometers parents should use.  Epipens are in short supply and under fire for their design. Dr Mark Porter investigates.  Listener feedback; numbers of hospital beds decline as admissions go up; frailty diagnosis	00:27:36.633 Factual 00:27:43.451 Factual 00:27:52.568 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Feedback on Teenage Pregnancy Smoothles AMD Hospital Beds Frailty Feedback on Galistones Moles Dosmitsgy Original  Inside Health - Flu Cows milk allergy Robotic pharmacy b09106vv original  Inside Health - Flu vaccine and narcolepsy Stoptober Herbal medicines Calcium supplements b03brkvt original	Dr Mark Porter examines the new drug to treat low sex drive in women.  Dr Mark Porter investigates the protection the latest vaccine gives us from Aussie flu.  New research linking a swine flu vaccine to a rare sleeping disorder in children	00:27:52.568 Factual 00:28:03.017 Factual 00:27:48.022 Factual 00:30:00.097 Factual	Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025 Unedited Added 10 2025
Inside Health - Flu Vaccine and narcolepsy Stoptober Herbal medicines Calcium supplements busbrkvt original Inside Health - Flu Vaccine Dentistry and Covid Diagnosing Coeliac disease NHS preparations for winter m0001lx4 original	New research linking a swine flu vaccine to a rare sleeping disorder in children Flu vaccine, dentistry and covid, diagnosing Coeliac disease and NHS winter preparations.	00:30:00.097 Factual   00:27:38.096   Factual	Unedited Added 10 2025 Unedited Added 10 2025

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00:28:04.062 Factual
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Inside Health - Focus on the breath m0024f5; podcast
                                                                                                                                                                     Could adjusting your breathing improve your health?
Inside Health - Folic acid in flour Southampton FC and hip and groin pain Online private doctors b06ycr57 original
                                                                                                                                                                     Folic acid in flour, Southampton FC and hip and groin pain, online private doctors.
                                                                                                                                                                                                                                                                                             00:27:35.771 | Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - France Delists Alzheimers Drugs Quality of Life After Hip Fracture Prostate Cancer m0000qlz original
                                                                                                                                                                     France delists Alzheimer's drugs, quality of life after hip fracture and prostate cancer
                                                                                                                                                                                                                                                                                              00:27:49.302 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Free Vit D for kids Exercise depression Asthma inhalers feedback Fungal nails GP pilots b03fb91z original
                                                                                                                                                                     Vitamin D for all kids; Exercise for depression? Fungal toenails; Manchester GP pilots
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Future of 7-day GP Access Pilots Mers Laughing Gas Health Risks b05zktnt original
                                                                                                                                                                     What happens to seven-day opening at GP surgeries when the money runs out?
Inside Health - Gender X Diabetes diagnosis Trigeminal Neuralgia Oesophageal cancer b03gbxnd original
                                                                                                                                                                     Dr Mark Porter goes on a weekly guest to demystify the health issues that perplex us.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Genes and confidentiality sore throats and cancer diet for epilepsy shaving for hospital drips m0002bnz original
                                                                                                                                                                     Genes and confidentiality; sore throats and cancer; diet for epilepsy; hair and drips.
                                                                                                                                                                                                                                                                                             00:27:50.164 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Gestational diabetes Low-carb diets Needle pain b060zvnj original
                                                                                                                                                                     Dr Mark Porter discusses new UK guidelines on diabetes in pregnancy.
                                                                                                                                                                                                                                                                                             00:27:59.307 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - GI bleeds pregnancy and working frozen shoulder patient surveys b01kbg8g original
                                                                                                                                                                     Is frozen shoulder a condition that's overdiagnosed? Dr Mark Porter investigates.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Glucosamine for osteoarthritis Alcohol addiction Gut instinct b03ts4g0 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     What roles do paracetamol and glucosamine play in treating osteoarthritis?
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - GP Access Telehealth ICU Sewage b0110fkh original
                                                                                                                                                                     Dr Mark Porter asks if telehealth is providing better medical care and saving money.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
Inside Health - GP incentives Walk-in CT scans Hot Flushes feedback New anti-coagulants b04mctw7 original
                                                                                                                                                                     Do financial incentives for GPs work? Are walk-in CT scans a good idea?
                                                                                                                                                                                                                                                                                             00:28:08.189 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Hayfever management Generic drugs Diclofenac Breastfeeding and cheese molars Pacemakers Antibiotics and MS b0367snv original
                                                                                                                                                                     Generics versus branded medicines - why pay more for the same thing? With Dr Mark Porter.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Health and Exercise Inside Health Special b06vkg24 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     The healing power of exercise: how being fit helps everything from stiff joints to cancer
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Health bill Memory Resuscitation Flu b019fxb5 original
                                                                                                                                                                     Dr Mark Porter demystifies the health issues that perplex us.
Inside Health - Health checks Fertility Adjustment b074vth6 original
                                                                                                                                                                     The evidence for 'mid-life MOTs', female fertility and age and the meaning of 'adjustment
                                                                                                                                                                                                                                                                                             00:27:50.217 | Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Heart and Exercise Smoking and Alcohol Weight Management Hepatitis C b052j57z original
                                                                                                                                                                     Can running too much be bad for you? Plus a psychological approach to weight loss.
                                                                                                                                                                                                                                                                                             00:27:53.560 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Heparin and Pigs Anticoagulants Ovarian Freezing and Cancer Thumb surgery m0008wpc original
                                                                                                                                                                     Heparin and Pigs; Anticoagulants; Ovarian Freezing and Cancer; Thumb surgery.
                                                                                                                                                                                                                                                                                              00:27:45.802 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Hepatitis B vaccine Sheds Obesity Paradox Taking part in clinical trials b08y13ml original
                                                                                                                                                                     Dr Mark Porter presents a series that aims to demystify perplexing health issues.
                                                                                                                                                                                                                                                                                             00:27:47.343 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - High Blood Pressure m0001xtr original
                                                                                                                                                                     Dr Mark Porter discusses high blood pressure, a silent threat that isn't well managed.
                                                                                                                                                                                                                                                                                                                                Imedited Added 10 2025
Inside Health - High costs of cheap medicines Can a simple blood test help identify cancer undescended testes Aspirin b08wp6hd original
                                                                                                                                                                     The price of everyday medicines is rising as some manufacturers are monopolies.
                                                                                                                                                                                                                                                                                             00:27:48.388 Factual
Inside Health - High-intensity exercise Measles Teeth whitening Voice-lift b01rvpq5 original
                                                                                                                                                                     Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - HIV and MS Black skin and cancer Iron overload Losing your sense of smell b04cc7ym original
                                                                                                                                                                     Dr Mark Porter finds out why people with HIV very rarely get multiple sclerosis.
                                                                                                                                                                                                                                                                                             00:28:00.431 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Home fetal heart monitoring Deconditioning in hospital Alcohol harm paradox Pre-eclampsia feedback m0002r0t original
                                                                                                                                                                     Regulation of home fetal heart monitors, deconditioning in hospital, alcohol harm paradox.
                                                                                                                                                                                                                                                                                             00:27:34.465 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Hospital admissions and the weekend effect Peyronies disease b06wd7f4 original
                                                                                                                                                                     Do more people die in hospital at the weekend? Dr Mark Porter examines the evidence
                                                                                                                                                                                                                                                                                             00:27:42.354 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Hospital infections nutrition gout gluten Shockwave tennis elbow b01blzl1 original
                                                                                                                                                                     Including the protocols for visitors to hospitals and a new treatment for tennis elbow.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Hospital patients dying of thirst Paracetamol Saturated fats Baclofen and alcoholism b0418kgn original
                                                                                                                                                                     Dr Mark Porter on how Baclofen stopped a listener drinking 6-8 bottles of wine a day.
Inside Health - How can we age well m0021hbz podcast
                                                                                                                                                                     James and the Hay Festival audience try to conquer ageing, guided by a panel of experts.
                                                                                                                                                                                                                                                                                             00:27:51.444 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - How did the Covid-19 pandemic change medicine m0028zyx other
                                                                                                                                                                     Five years on from the first UK lockdown, what did we learn from that extraordinary time?
                                                                                                                                                                                                                                                                                             00:27:54.266 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - How do cold and flu remedies help when were ill m001rq6g original
                                                                                                                                                                     As cold and flu season nears, James finds out what the remedies in his cabinet do to help
                                                                                                                                                                                                                                                                                             00:27:26.602 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - How does embarrassment affect your health m00244r6 podcast
                                                                                                                                                                     And what can doctors and the NHS do to help alleviate the problem.
                                                                                                                                                                                                                                                                                              00:28:28.773 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - How fast should you eat your food m001nvsj original
                                                                                                                                                                     Slowing down your eating speed might impact your health
                                                                                                                                                                                                                                                                                              00:27:41.936 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:27:48.519 Factual
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Inside Health - How hot is too hot for human health m001npbj original
                                                                                                                                                                     What happens inside the body when it gets hot.
                                                                                                                                                                     Has James been buying the wrong shoes? He meets a podiatrist to find out.
Inside Health - How shoes affect our bodies and a focus on genital herpes m00282zd other
                                                                                                                                                                                                                                                                                             00:28:01.580 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Inside a sexual assault referral centre m001r81s original
                                                                                                                                                                     James Gallagher meets the people who help victims of sexual assault
                                                                                                                                                                                                                                                                                             00:27:43.059 Factual
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Inside Health - Is intermittent fasting good for you m001y26k podcast
                                                                                                                                                                     From weight loss to prolonging life, James Gallagher investigates trending fast diets
Inside Health - Is it safe to give kids melatonin m002gzyy other
                                                                                                                                                                     We investigate the safety of melatonin as a sleep aid, and should you eat your placenta?
                                                                                                                                                                                                                                                                                              00:28:07.066 Factual
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Inside Health - Is watching sport good for you m0021b06 podcast
                                                                                                                                                                     James monitors the physical ups and downs of watching the Euros final in an experiment
Inside Health - Junk food asthma and eczema salt fingerprinting TGA amitriptyline b01pty4m original
                                                                                                                                                                     Dr Mark Porter presents a series that aims to demystify perplexing health issues.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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                                                                                                                                                                     Are league tables listing surgical outcomes the best way to assess a surgeon?
Inside Health - League tables Nits Feeling the cold Language - Surrogate marker b069vtmv original
                                                                                                                                                                                                                                                                                             00:28:47.817 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Liver disease Hepatitis C b0117wgf original
                                                                                                                                                                                                                                                                                              00:28:50.769 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter discovers the reasons for the recent rise in serious liver diseases
Inside Health - Living in a Bacterial World m001v3lf original
                                                                                                                                                                                                                                                                                              00:27:50.373 Factual
                                                                                                                                                                     Exploring our microbial metropolis - and is being clean important for good health?
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Loneliness Statins Feedback on glucosamine and gut instinct Cycle lanes and air pollution Coughs and antibiotics b03vf0fc original
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Is loneliness bad for you, who should take stating, treating air pollution and coughs.
Inside Health - Low NHS morale Flying when pregnant Sugary drinks menarche FGM b051s2m7 original
                                                                                                                                                                     Low NHS staff morale, flying when pregnant, sugary drinks and menarche, FGM.
                                                                                                                                                                                                                                                                                             00:28:05.707 Factual
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Inside Health - Measles Prostate Juvenile arthritis Scruffy docs Xenon lung scanner b036kbmh original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us
Inside Health - Med devices Testosterone Itching BP Pills Tourettes b019c8kt original
                                                                                                                                                                     Dr Mark Porter demystifies the health issues that perplex us.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Medical Cannabis Hidden Blood in the Urine Ageing and Immunity b09rybgf original
                                                                                                                                                                     The evidence for medical cannabis, hidden blood in the urine, ageing and immunity.
                                                                                                                                                                     Mark Porter investigates the evidence for whether dogs can accurately smell cancer.
                                                                                                                                                                                                                                                                                             00:27:39.794 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Medical detection dogs b09k6pn9 original
Inside Health - Meningitis ACWY vaccine Testosterone for women Allotments on prescription Heart failure and iron b07x2zpb original
                                                                                                                                                                     There is confusion about how teens should be getting the new Meningitis ACWY vaccine
                                                                                                                                                                                                                                                                                             00:27:50.713 | Factual
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Inside Health - Meningitis B Hormones and depression Statins Unexpected heart attacks b067x7gb original
                                                                                                                                                                     The latest advice on statins, menopause and depression, and the meningitis B vaccine
                                                                                                                                                                                                                                                                                              00:27:45.541 Factual
Inside Health - Microprocessor Knees The Glasgow Effect Mesothelioma b09nvrst original
                                                                                                                                                                     A look at microprocessor knees, the 'Glasgow Effect' and mesothelioma.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Migraine Iron overload Redefining low-risk cancers m0002grm original
                                                                                                                                                                     New treatment for migraine, iron overload and should low-risk cancers be redefined?
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Migraines and Headaches m001r1kt original
                                                                                                                                                                     As we enter a new era of migraine treatments, we answer your head pain questions.
                                                                                                                                                                                                                                                                                             00:27:42.197 Factual
Inside Health - Ministrokes Midwife study Cyclic vomiting syndrome Noise in intensive care b07wt5v1 original
                                                                                                                                                                     This edition looks at ministrokes, a midwife study, and cyclic vomiting syndrome.
                                                                                                                                                                                                                                                                                             00:27:47.186 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Pain relief during heart attacks, treating appendicitis with drugs, GPs and fit notes.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Morphine and the heart antibiotics and the appendix sick notes blood tests painkillers b01fhysj original
Inside Health - Mould and Indoor Air Pollution How Concerned Should You Be m0026v4w other
                                                                                                                                                                                                                                                                                             00:28:45.387 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Investigating why mould can make us sick and how we can avoid air pollution in our homes
Inside Health - Moving the goalposts in research Involving parents in the care of premature babies Feedback m0003ing original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Fiddling figures in research, involving parents in the care of premature babies, feedback.
                                                                                                                                                                                                                                                                                             00:27:36.476 Factual
Inside Health - Mpox your statins questions and tick-borne meat allergies m00224gn podcast
                                                                                                                                                                     Mpox is classed a public health emergency, statins questions and tick-borne meat allergies
                                                                                                                                                                                                                                                                                             00:28:05.838 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Multi-morbidity one-shot radiotherapy during surgery for early stage breast cancer b07j537l original
                                                                                                                                                                     David Haslam, chair of NICE, on managing the millions of people on 5 or more drugs a day.
                                                                                                                                                                                                                                                                                              00:27:44.496 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Mutant Flu Weight-Loss Surgery Young Men and Body Image CVID Dental Check-ups Doctors Example Dry January Findings b04yk7hb original
                                                                                                                                                                     Dr Mark Porter on mutant flu, weight-loss surgery, six packs and 'dry January'.
                                                                                                                                                                                                                                                                                              00:27:50.347 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter and Dr Margaret McCartney explore the incidence of HIV in the UK today.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - New HIV test Vitamin D and TB Vitamin B12 mouth ulcers b01mdfc0 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
Inside Health - NHS bill tinnitus pedestrians teenage info Vitamin D cough mix b019rgcg original
                                                                                                                                                                     Dr Mark Porter demystifies health issues that perplex us, including tinnitus and Vitamin D
Inside Health - NHS Health Checks Blood Service Crohns Disease Gestational diabetes b0375tdn original
                                                                                                                                                                     Dr Mark Porter reports on NHS health checks, gestational diabetes and Crohn's disease.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - NHS Reforms b01rg235 original
                                                                                                                                                                     Dr Mark Porter reports on the new changes to the NHS. What do they mean for patients?
Inside Health - NHS reforms epilepsy and pregnancy thermometers b01r0gjs original
                                                                                                                                                                     Dr Mark Porter questions health minister Lord Howe about possible NHS reforms.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - NHS Satisfaction Survey NHS cancer Headphones volume P4 Medicine b05108hb original
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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                                                                                                                                                                     Diagnosing Cancer, personalised medicine based on genes and do headphones damage hearing?
Inside Health - NHS Special What needs to give b08dnrz0 original
                                                                                                                                                                     Dr Mark Porter hosts a special debate on the current state of the NHS.
                                                                                                                                                                                                                                                                                             00:56:45.296 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - NHS under pressure Breast cancer prevention Lactose intolerance b088fmp7 original
                                                                                                                                                                     Do funding requests hinder NHS operations? Plus breast cancer prevention
                                                                                                                                                                                                                                                                                             00:33:10.426 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Obesity and Cancer campaign Intelligent liver function tests Getting reliable information from websites m00061s6 original
                                                                                                                                                                                                                                                                                              00:27:49.459 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Obesity and Cancer campaign; intelligent liver function tests; which websites to trust
Inside Health - Obesity and Cancer Fasting Diets and NHS 111 b01rl8nq original
                                                                                                                                                                     Dr Mark Porter reports on the latest health stories, including the new NHS 111 number.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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                                                                                                                                                                                                                                                                                             00:27:44.261 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Obesity and smoking Blood pressure ADHD b07v0fvf original
                                                                                                                                                                     Obesity and smoking, should blood pressure targets get lower? And medicating ADHD.
Inside Health - Off-patent Drugs Bill Pre-diabetes Sepsis All-cause mortality b0639w4c original
                                                                                                                                                                     The Off-patent Drugs Bill to prevent people missing out on life-saving treatments
                                                                                                                                                                                                                                                                                             00:27:59.542 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Olympian Sir Chris Hoy wants more tests for prostate cancer - should it happen m0024vtd podcast
                                                                                                                                                                     Following a terminal cancer diagnosis, Chris wants more testing. We debate the evidence
Inside Health - On the trail of a new street drug m001pmky original
                                                                                                                                                                     James Gallagher finds out what happens when a new drug hits the UK's streets.
                                                                                                                                                                                                                                                                                              00:27:48.310 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Online GP consultations Pre-eclampsia and could aspirin treat cancer m0002m4v original
                                                                                                                                                                                                                                                                                              00:27:41.387 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Online GP consultations, a new test for pre-eclampsia and could aspirin treat cancer?
Inside Health - Opt-out organ donation your body after death what time of day to take blood pressure medication b08qy7hy original
                                                                                                                                                                                                                                                                                             00:28:03.226 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Opt-out organ donation; your body after death; time of day to take blood pressure drugs.
Inside Health - Ovarian cancer PBC Treating severe head injury b071lcrz original
                                                                                                                                                                     Talc use and ovarian cancer. PBC causes fatigue and itching but is often missed.
                                                                                                                                                                                                                                                                                             00:27:40.943 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Ovarian cancer screening BP tables Cough Vegetarianism Gallstones b01mqpgy original
                                                                                                                                                                     US research suggests screening all women for ovarian cancer does more harm than good
Inside Health - Over-diagnosis Chronic Kidney Disease b01lt2vn original
                                                                                                                                                                     Dr Mark Porter asks why some medical conditions are over-diagnosed, thanks to test results
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Over-diagnosis High Blood Pressure b01m0pg6 original
                                                                                                                                                                     Dr Mark Porter asks whether doctors can try too hard in the early detection of disease.
                                                                                                                                                                                                                                                                                             00:27:50.034 Factual
Inside Health - Over-the-counter prescriptions Virtual reality in rehabilitation Sore throats and antibiotics b08crzrf original
                                                                                                                                                                     Over-the-counter prescriptions, virtual reality for rehab, sore throats and antibiotics.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Papilloedema Cardiac death in sport Diagnosing early miscarriage Warfarin b07kpydq original
                                                                                                                                                                     Papilloedema, cardiac death in sport, diagnosing early miscarriage, Warfarin
                                                                                                                                                                                                                                                                                             00:27:49.694 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Paracetamol Prostate and HIFU Uncertainty - Oxygen and Heart Attacks b087gjzp original
                                                                                                                                                                                                                                                                                             00:27:46.246 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Evidence suggests paracetamol is not as effective as previously thought for chronic pain.
Inside Health - Parkinsons Disease Breast cancer screening Slimming pills Sunscreens Teeth b03bdsyp original
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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                                                                                                                                                                     Dr Mark Porter goes on a quest to demystify the health issues that perplex us.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Patient records cholesterol statins whiplash b01bwp6s original
                                                                                                                                                                     Dr Mark Porter discusses patient records, cholesterol and statins, and whiplash
Inside Health - PCOS garlic PSA test dignity b0ldhslc original
                                                                                                                                                                     Dr Mark Porter demystifies discusses polycystic ovary syndrome, garlic and the PSA test
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Placebo on Prescription Hepatitis C Transplants Genes and Back Pain m0000ngm original
                                                                                                                                                                     Hepatitis C infected organs to be offered on the NHS transplant waiting list
                                                                                                                                                                                                                                                                                              00:27:48.571 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Pollution Falls in the elderly False positives and negatives Meningitis B and teenagers b06d2lzw original
                                                                                                                                                                     Pollution kills 29,000 people a year in the UK but where does the statistic come from?
                                                                                                                                                                                                                                                                                             00:28:08.946 Factua
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - PPIs Aspirin and cancer Radiotherapy and smoking b08yp16p original
                                                                                                                                                                                                                                                                                             00:27:45.697 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Long term use of PPIs, aspirin and cancer prevention, radiotherapy and smoking.
Inside Health - Pregabalin and gabapentin misuse Natural birth after caesarean Adrenaline auto-injectors b06flmg7 original
                                                                                                                                                                     Pregabalin and gabapentin misuse; natural birth after caesarean; adrenaline auto-injectors
                                                                                                                                                                                                                                                                                             00:28:02.416 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Prescribing Cycling Temperature Checks False Positives Choirs and Covid-19 m000180g original
                                                                                                                                                                     Evidence for GPs prescribing cycling; temperature checks; false positives; choirs & Covid.
                                                                                                                                                                                                                                                                                             00:27:35.771 | Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                      Prescription Charges; Acute Kidney Injury; MMR vaccine; Meningitis in Students
                                                                                                                                                                                                                                                                                              00:27:44.835 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Prescription Charges Acute Kidney Injury MMR vaccine Meningitis in Students m0008nxz origina
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Prescription charges HPV vaccine tattoos cycle helmets b01f5mn6 original
                                                                                                                                                                     Unfair and outdated - why the BMA says prescriptions should be free in England.
                                                                                                                                                                                                                                                                                              00:27:40.682 Factual
Inside Health - Preventable deaths Poo bank Waterbirths b08b7wdb original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Preventable deaths in hospitals, Mark visits a stool bank, and evidence for water births
Inside Health - Preventing breast cancer Iodine deficiency Antibiotics for back pain b02vks81 original
                                                                                                                                                                     Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Preventive HIV therapy Sugar tax Bowel cancer Surgery b07414dg original
                                                                                                                                                                                                                                                                                             00:27:38.174 Factual
                                                                                                                                                                     Dr Mark Porter explores preventive HIV therapy, the sugar tax, bowel cancer and surgery.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Private hospitals Hyperbaric medicine Sick day rules to reduce kidney damage Warfarin b04lq2yl original
                                                                                                                                                                                                                                                                                             00:28:08.398 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter asks how much we know about patient safety in private hospitals.
Inside Health - Prostate Cancer b09tdyk1 original
                                                                                                                                                                     One in eight men will develop prostate cancer. Mark Porter and Margaret McCartney report.
                                                                                                                                                                                                                                                                                             00:27:48.101 Factual
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Inside Health - Prostate Cancer b086s7jr original
                                                                                                                                                                     Mark Porter reports on two landmark trials assessing when and how to treat prostate cancer
Inside Health - Pseudomonas anti-coags alcohol pres drugs high heels b01bb707 original
                                                                                                                                                                     Presented by Dr Mark Porter. Looking at the bacteria Pseudomonas.
                                                                                                                                                                                                                                                                                             00:29:00 094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Public Health in the time of Coronavirus m00010k0 original
                                                                                                                                                                     Dr Margaret McCartney looks at the vital role of public health in the pandemic
                                                                                                                                                                                                                                                                                             00:27:40.708 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Raw milk What are the risks and why are people talking about it m0027cld other
                                                                                                                                                                     Pasteurising milk makes it safer, but are there any benefits to drinking it 'raw'?
                                                                                                                                                                                                                                                                                              00:28:01.502 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Red meat and heart health carbon monoxide screening joints supplements b01d13yf original
                                                                                                                                                                     What's behind the news that red meat eaters have a shorter life expectancy?
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Red Meat Heart Disease Measles Hypopituitarism b01rr37c original
                                                                                                                                                                     Red meat and heart disease; measles outbreak in Swansea; head injury and pituitary damage
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Margaret McCartney on the challenges of healthcare when help isn't on your doorstep.
                                                                                                                                                                                                                                                                                             00:27:48.728 Factual
Inside Health - Remote and Rural Healthcare m000dfqg original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Respiratory Syncytial Virus Coronavirus Vaccine Unnecessary Vaginal Examinations Compassion Fatigue m000dy61 original
                                                                                                                                                                     James Gallagher on the virus almost nobody's heard of, Respiratory Syncytial Virus or RSV.
                                                                                                                                                                                                                                                                                             00:27:34.700 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Rickets Drug addiction recovery Defibrillator support b09qd716 original
                                                                                                                                                                     The growing problem of rickets, drug addiction recovery and defibrillator support.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Robo-docs using AI to diagnose Pancreatic cancer Statins and muscle aches b08x9ckx original
                                                                                                                                                                                                                                                                                              00:27:50.530 Factual
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                                                                                                                                                                     Are we on the cusp of a new era where computers will be doing the diagnosing?
                                                                                                                                                                                                                                                                                             00:27:35.275 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Running cycling and knee health Adrenaline and cardiac arrest Artificial eyes b0bbqlgt original
                                                                                                                                                                     Does running damage your knees and is cycling any better?
Inside Health - SARS-like virus reflux heartburn corrective baby helmets b01mw5i4 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter asks whether headlines identifying a 'SARS-like' virus may cause panic.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                     Research into saturated fats, checking moles and success for egg freezing and pregnancy.
                                                                                                                                                                                                                                                                                             00:27:55.729 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Saturated Fats Moles Egg Freezing b05410wx original
Inside Health - Scarlet Fever Overtreating the over-80s ICU and trauma Feedback on constipation Cataracts b03wpjkq original
                                                                                                                                                                     Psychological trauma after intensive care, overtreating stroke, and scarlet fever
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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Inside Health - Scoliosis Depression Pets in Hospital Eustachian Tubes b095ptm7 original
                                                                                                                                                                                                                                                                                             00:27:38.122 Factual
                                                                                                                                                                     Scoliosis, depression in teenagers, pets in hospital, Eustachian tubes and blocked ears.
Inside Health - Screening for Breast Cancer b049828g original
                                                                                                                                                                     Dr Mark Porter debates the benefits and harms of screening for breast cancer
                                                                                                                                                                                                                                                                                             00:27:54 971 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     The risks from taking selenium supplements, lung disease and constipation in children.
Inside Health - Selenium Vitamin E supplements in men Idiopathic Pulmonary Fibrosis Childhood Constipation b03w16j6 original
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Self-Harm Insulin Pumps Night Terrors Penile Cancer b01ng83h original
                                                                                                                                                                     Dr Mark Porter on insulin pumps, night terrors, self-harming and penile cancer.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Margaret McCartney reports on confusion around the new shingles vaccine.
Inside Health - Shingles vaccine Energy drinks Liver function tests Anorexia b03c3dxh original
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Shingles vaccine Pill colour First Aid Contraception Parkinsons bolgiblt original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     New shingles vaccine, contraception for over-35s, first aid and early clues to Parkinson's
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
Inside Health - Sickness Absence Ankle Arthritis Hot Flushes Guillain-Barre Syndrome b0410x0c original
                                                                                                                                                                     Dr Mark Porter reports on ankle arthritis, and when you should keep your child off school.
                                                                                                                                                                                                                                                                                             00:28:02.311 | Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Singing for breathlessness Aneurysms Sunscreens and Myasthenia gravis m0007bdl original
                                                                                                                                                                     Singing for breathlessness, Aneurysms and exercise, Sunscreens, Myasthenia gravis
                                                                                                                                                                                                                                                                                              00:27:33.786 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Sleep tabs death e-cigs GP examples underactive thyroid and pregnancy b01cjwvm original
                                                                                                                                                                     Dr Mark Porter asks why sleeping pills increase the chance of an early death.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Smoking in pregnancy; lifestyle targets; thyroid cancer; what's the evidence for flossing?
Inside Health - Smoking in pregnancy Lifestyle targets Thyroid cancer Flossing b08g597g original
                                                                                                                                                                                                                                                                                             00:27:44.522 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Social prescribing Topical steroid withdrawal Pulmonary arterial hypertension b0bd8h7b original
                                                                                                                                                                     Social Prescribing, Topical Steroid Withdrawal, Pulmonary Arterial Hypertension.
                                                                                                                                                                                                                                                                                             00:27:51.444 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Speedy medicine and is fermented food good for us m001vm5d original
                                                                                                                                                                     We meet the medics treating people in unusual places, and we talk all things fermented.
                                                                                                                                                                                                                                                                                             00:27:48.675 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Statins Cholesterol-lowering spreads Olive oil Diet and inflammatory bowel disease Singers nodules b049yqzn original
                                                                                                                                                                                                                                                                                              00:27:56.016 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     With a look at Crohn's disease and diet, teachers' voices and cholesterol-lowering foods
Inside Health - Statins improving cancer survival rates reflux and heartburn recycling medicines. b047zk73 original
                                                                                                                                                                     Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.
                                                                                                                                                                                                                                                                                              00:27:53.952 Factual
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                                                                                                                                                                                                                                                                                             00:27:49.877 Factual
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Inside Health - Statins in the media Unusual neurological itch The hunger hormone Viagra b07m7hxy original
                                                                                                                                                                     Has media coverage of statins caused people to come off the drugs?
Inside Health - Statins Over the Counter Amyloidosis Gene Silencing m0009387 original
                                                                                                                                                                     High-dose statins over the counter, amyloidosis, and gene silencing.
                                                                                                                                                                                                                                                                                             00:27:22.266 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Stem cells Functional disorders Epilepsy Stoptober Whiplash b01n65zl original
                                                                                                                                                                     Dr Mark Porter asks if stem cell research is making a difference to patients.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Steroids the killing season telehealth Dupuytrens b01lhgys original
                                                                                                                                                                     Dr Mark Porter discovers new approaches to helping people who have strokes in rural areas.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Sticky Blood From Blood Clots to Covid-19 m000mr5s original
                                                                                                                                                                     Sticky Blood : From Blood Clots to Covid-19
                                                                                                                                                                                                                                                                                             00:27:47.343 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Stress and pregnancy CBT for insomnia Cluster headache Smoking and mental health b03vnt72 original
                                                                                                                                                                     Why insomnia is often mismanaged despite there being an effective drug-free treatment.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Stroke man recovers speech Apple watch and ECGs Newborn heel prick test b0bksgnf original
                                                                                                                                                                     How one stroke robbed a man of speech and four years later another stroke brought it back
                                                                                                                                                                                                                                                                                             00:27:46.769 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Dr Mark Porter goes on a weekly quest to demystify the health issues that perplex us.
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Inside Health - Sugar Prescription charges Thrush Iron and strokes b03xf0gy original
Inside Health - Tamoxifen and Breast Cancer Prevention b0b88plc original
                                                                                                                                                                     Why are only 1 in 7 eligible women on Tamoxifen, the 'statin of breast cancer prevention'?
                                                                                                                                                                                                                                                                                              00:27:44.496 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Tax on sugary drinks Low libido in women Europes largest robotic pharmacy b061qzxb original
                                                                                                                                                                                                                                                                                              00:28:02.886 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     What is the evidence that taxing sugary drinks will help tackle obesity?
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Teenage depression Choir Heart failure Protein shakes b01gg7gq original
                                                                                                                                                                     Dr Mark Porter on the claims of sports drinks and the benefits of joining a choir
Inside Health - Testosterone Antidepressants in Pregnancy Laptop Use at Night and Sleep Shifting School Times b03szh9r original
                                                                                                                                                                     Do the hours spent on laptops or tablets before bedtime disrupt your sleep?
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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                                                                                                                                                                     Could lab-grown cells be the future for patients with heart failure? Kevin Fong reports.
                                                                                                                                                                                                                                                                                             00:27:45.724 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - The Future Heart b09h72xq original
Inside Health - The Revolution in Cystic Fibrosis Care That is Changing Lives m002hkp9 other
                                                                                                                                                                     Cystic fibrosis care, AI in cancer screening & science of run clubs.
                                                                                                                                                                                                                                                                                             00:28:05.916 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - The Virus - Covid-19 and moral injury Asthma Southampton update Mental health services m000h0gw original
                                                                                                                                                                     Claudia Hammond on moral injury, asthma, a Southampton update, and mental health services.
                                                                                                                                                                                                                                                                                              00:27:45.097 Factual
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Inside Health - The Virus - Covid-19 drug trial Mental health alone Southampton update Antarcticas lockdown lessons m000h7xw original
                                                                                                                                                                     Claudia Hammond reports on the first drug trials for the treatment of Covid-19.
                                                                                                                                                                                                                                                                                             00:27:51.366 Factual
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Inside Health - The Virus - Diabetes Covid-19 Southampton Critical Care Antigen Tests Cytokine Storm m000htx2 original
                                                                                                                                                                     Why do people with diabetes get so sick with Covid-19 and how can they protect themselves?
                                                                                                                                                                                                                                                                                             00:27:30.991 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - The Virus - Dispatches from University Hospital Southampton Covid-19 and loss of smell intensive care access coronavirus home care m000gzth original Claudia Hammond reports on the unfolding coronavirus pandemic.
                                                                                                                                                                                                                                                                                             00:27:45.515 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - The Virus - Longest Stay Covid-19 Patient Health Inequalities Agoraphobia Covid-19 Testing m000j8lh original
                                                                                                                                                                     Claudia Hammond on the longest stay COVID-19 case; Health Inequalities; Agoraphobia.
                                                                                                                                                                                                                                                                                             00:27:49.146 Factual
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Inside Health - The Virus - Shielding Pandemic Lexicon Southampton Hospital Doctor rejects NHS Superhero Tag m000jf7g original
                                                                                                                                                                     Millions are 'shielding' from the virus. Tanya on the reality of long-term lockdown.
                                                                                                                                                                                                                                                                                             00:27:41.283 Factual
Inside Health - The Virus - Smoking vs Covid-19 non-urgent treatments loneliness surveys Southampton update covid and the law. m000hmhc original
                                                                                                                                                                     Claudia Hammond on smoking and Covid-19, lockdown loneliness surveys, and clinical law
                                                                                                                                                                                                                                                                                             00:27:36.006 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - The Virus - Southampton update health anxiety death certifications fast-track drug screening m000hfrs original
                                                                                                                                                                     Southampton update, health anxiety, death certifications and fast-track drug screening.
                                                                                                                                                                                                                                                                                              00:27:37.626 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Touch in Health Care m000n4xh original
                                                                                                                                                                     What role does touch play in health care?
                                                                                                                                                                                                                                                                                              00:27:46.560 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Umbilical cord clamping Natural cycles Pedometers m0000mkj original
                                                                                                                                                                     Umbilical cord clamping, Natural Cycles and do pedometers help long term?
                                                                                                                                                                                                                                                                                             00:27:47.970 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Unproven IVF add-ons Running injuries DNA analysis on the NHS m00027ns original
                                                                                                                                                                     Unproven IVF add-ons; does rest help running injuries? DNA analysis on the NHS
                                                                                                                                                                                                                                                                                             00:27:45.306 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Vaccinations One-to-one midwives Leg ulcers Asthma inhalers b03cn72x original
                                                                                                                                                                     Does linking child immunisation to benefits and child care improve vaccination rates?
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
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Inside Health - Vaginal mesh alcohol and the heart b09794sg original
                                                                                                                                                                                                                                                                                              00:27:42.955 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Complications of vaginal mesh implants, plus alcohol and the heart
Inside Health - Video consultations Low-fibre diets Testosterone b040hy5p original
                                                                                                                                                                     Dr Mark Porter investigates low testosterone, low-fibre diets and GPs on Skype.
                                                                                                                                                                                                                                                                                              00:29:00.094 Factual
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Inside Health - Viruses and asthma osteoarthritis cartilage repair b01mk5bw original
                                                                                                                                                                     Dr Mark Porter finds out about the latest understanding and treatment of osteoarthritis.
Inside Health - Vitamin D Air Ambulance blood trial Phantom limb pain Sitting-rising test b08ffvxp original
                                                                                                                                                                     Topics include Vitamin D, an air ambulance blood trial and phantom limb pain.
                                                                                                                                                                                                                                                                                             00:27:30.181 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Vitiligo diabetes care knee implants masks social media b01cw5nx original
                                                                                                                                                                     Dr Mark Porter tackles the confusion and prejudice around the skin condition vitiligo.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - We go on a tick hunt m001y87f podcast
                                                                                                                                                                     James goes looking for ticks and asks how worried should we be about them.
                                                                                                                                                                                                                                                                                              00:27:53.247 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Weaning Babies Seeing the Same Doctor Saves Lives NHS Research Mental Capacity b0b9wsb7 original
                                                                                                                                                                     The relationship between when babies are weaned and the time they sleep has been published
                                                                                                                                                                                                                                                                                              00:27:39.533 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:27:38.906 Factual
Inside Health - Welsh patient power Liquid biopsies Food allergies Dosing errors b07vs2p0 original
                                                                                                                                                                     A new way of tracking cancer is exciting oncologists worldwide.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - What difference could new Alzheimers disease drugs make m001pf97 original
                                                                                                                                                                     Translating clinical trial breakthroughs into real life impacts for Alzheimer's sufferers.
                                                                                                                                                                                                                                                                                             00:27:41.831 | Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - What Doctors Dont Tell You hepatitis E vertigo b01n11xb original
                                                                                                                                                                     Dr Mark Porter finds out what's behind a new magazine called What Doctors Don't Tell You.
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                              00:27:45.985 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - What does alcohol do to the body and brain m00lyxgw podcast
                                                                                                                                                                      James visits the pub to find out what happens when he drinks two pints of lager.
Inside Health - What happened to mpox m001pltn original
                                                                                                                                                                     With the global health emergency declared over, is mpox 'done'?
                                                                                                                                                                                                                                                                                             00:27:40.003 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - What next for Alzheimers treatment m0024ng7 podcast
                                                                                                                                                                     The first drugs to slow Alzheimer's progression won't be offered on the NHS. What's next?
                                                                                                                                                                                                                                                                                             00:27:44.444 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - What should we do about vaping m0021w70 podcast
                                                                                                                                                                     Is vaping a tool to quit smoking or a gateway to starting? And why verrucas won't budge.
                                                                                                                                                                                                                                                                                             00:27:57.217 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Whats stopping us from exercising in older age m001rh04 original
                                                                                                                                                                     An 80-year-old athlete and a team of sports scientists help explain what can hold us back
                                                                                                                                                                                                                                                                                             00:27:40.081 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - When does sitting become bad for health m001qtgk original
                                                                                                                                                                     James Gallagher visits the lab to explore how much sitting is too much.
                                                                                                                                                                                                                                                                                              00:27:47.631 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - When to take Blood Pressure Pills ADHD Recurrent Fevers Head lice m0009gvp original
                                                                                                                                                                     The best time of day to take blood pressure pills; ADHD; Recurrent fevers; Head lice
                                                                                                                                                                                                                                                                                              00:27:43.451 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Whooping cough Cardiac screening Antibacterials Selfcare Xbox b01ks5xy original
                                                                                                                                                                     Dr Mark Porter asks if amateur sportspeople should be screened for heart conditions
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Mark Porter finds out why whopping cough is on the rise and who should be concerned.
Inside Health - Whooping cough fish oils and prostate cancer aortic aneurysm screening in men b037hmzm original
                                                                                                                                                                                                                                                                                             00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
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00:29:00.094 Factual
                                                                                                                                                                     Dr Mark Porter on why whooping cough is making a comeback.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Inside Health - Whooping cough maternal deaths blushing intestinal transit b01g61w6 original
Inside Health - Why do we lose our hearing with age m0028swr other
                                                                                                                                                                     Is hearing loss taken as seriously as eyesight loss, and what can we do about it?
                                                                                                                                                                                                                                                                                            00:28:11 193 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Inside Health - Why hernias hands and varicose veins might not be treated on the NHS b08bzpb9 original
                                                                                                                                                                     Hernias, hands and varicose veins might not be treated on the NHS in the future.
                                                                                                                                                                                                                                                                                             00:27:47.657 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Inside Health - Why is syphilis making a comeback m001qmfj original
                                                                                                                                                                     Syphilis is at its highest rate since 1948. So why aren't we talking more about it?
                                                                                                                                                                                                                                                                                             00:27:46.769 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Inside Health - Why recovering from long Covid is a lot like training for the Olympics m001vzy9 original
                                                                                                                                                                                                                                                                                             00:27:47.918 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     We visit the first long Covid clinic to find out what we've learnt about the condition
Inside Health - Will wearables revolutionise healthcare Cardiff Science Festival special m0028 km other
                                                                                                                                                                     Fitness trackers at the ready! James runs through what wearables could mean for patients.
                                                                                                                                                                                                                                                                                             00:28:00.875 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Inside Health - Yellow cards virtual autopsies genetics and cancer b01qdw0r original
                                                                                                                                                                     Dr Mark Porter on how the technology that identified Richard III could help the rest of us
                                                                                                                                                                                                                                                                                            00:29:00.094 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:27:41.779 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Inside Health - Zantac alert Newborn brain injury OTC guide Surgery for reflux m0009b4c original
                                                                                                                                                                     Zantac alert, newborn brain injury, Guide to Over the Counter choices, surgery for reflux
Inside Health - Zika in UK Hip arthroscopy Limits of cancer treatment b07mxk4g original
                                                                                                                                                                     Dr Mark Porter finds out how hip arthroscopy is increasingly being used.
                                                                                                                                                                                                                                                                                             00:27:36.163 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     |Two eligible bachelors, Mr Bingley, and his enigmatic friend Mr Darcy arrive in Meryton
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:40:09.665 Drama
Jane Austen Stories - Pride and Prejudice Part 1 p0m5mlz9 original
                                                                                                                                                                     After dazzling Mr Bingley at a ball, Jane receives an invitation to Netherfield Park.
                                                                                                                                                                                                                                                                                             00:34:14 321 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Jane Austen Stories - Pride and Prejudice Part 2 p0m6bxnr original
Jane Austen Stories - Pride and Prejudice Part 3 p0m6c0qd original
                                                                                                                                                                     With Jane laid up in bed with a cold, Lizzy becomes better acquainted with Mr Darcy.
                                                                                                                                                                                                                                                                                             00:29:53.933 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:36:43.219 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Jane Austen Stories - Pride and Prejudice Part 4 p0m7phk5 original
                                                                                                                                                                     Lizzy has begun to find Darcy's company amusing, but what exactly does he see in her?
Jane Austen Stories - Pride and Prejudice Part 5 p0m7pj05 original
                                                                                                                                                                     Two new bachelors arrive on the scene at Meryton, both making strong impressions on Lizzv
                                                                                                                                                                                                                                                                                             00:37:37.946 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:39:24.786 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Jane Austen Stories - Pride and Prejudice Part 6 p0m8qp9f original
                                                                                                                                                                     There's bad blood between Darcy and Wickham, and Lizzy soon has the full story.
Jane Austen Stories - Pride and Prejudice Part 7 p0m9nfpg original
                                                                                                                                                                     You are cordially invited to the Netherfield Ball, where Lizzy agrees to dance with Darcy
                                                                                                                                                                                                                                                                                             00:42:03.141 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Jane Austen Stories - Pride and Prejudice Part 8 p0m9njsd original
                                                                                                                                                                     It's a red-letter day at Longbourn, as Lizzy's cousin Mr Collins makes his move.
                                                                                                                                                                                                                                                                                            00:43:04.685 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Jane Austen Stories - Pride and Prejudice Part 9 p0mc2418 original
                                                                                                                                                                     With Darcy and Bingley in London, the charismatic Mr Wickham comes out of the woodwork
                                                                                                                                                                                                                                                                                             00:43:03.327 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Legend The Bruce Springsteen Story - 01. Trailer p0m71xb1 podcast
                                                                                                                                                                     Take a front-row seat at five defining gigs to uncover the life behind the legend.
                                                                                                                                                                                                                                                                                             00:01:43.680 Factual
                                                                                                                                                                                                                                                                                             00:28:35.095 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Legend The Bruce Springsteen Story - 2. Born to Run m002llyx other
                                                                                                                                                                     Bruce is living above a beauty parlour, broke, writing songs amongst the hairdryers.
                                                                                                                                                                     There's an unravelling. And then there's the album which takes Bruce stratospheric.
                                                                                                                                                                                                                                                                                             00:28:25 900 Factual
                                                                                                                                                                                                                                                                                                                               Imedited Added 10 2025
Legend The Bruce Springsteen Story - 3. Born in the USA m002ldhb other
                                                                                                                                                                                                                                                                                                                               Unedited | Added 10 2025
Legend The Joni Mitchell Story - 01. Trailer p0gnw42f podcast
                                                                                                                                                                                                                                                                                             00:02:56.744 Factual
                                                                                                                                                                     As Joni Mitchell turns 80, Jesca Hoop reveals the extraordinary life behind the legend
Limelight Central Intelligence Series 2 - 01. Trailer p0lj4xtm podcast
                                                                                                                                                                     Introducing Series 2. The inside story of the CIA. Starring Kim Cattrall & Ed Harris.
                                                                                                                                                                                                                                                                                             00:02:09.671 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:02:21.662 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Limelight Mothercover - 01. Trailer p0ly7zcp podcast
                                                                                                                                                                     Gwen is recruited to spy on another mum. But how long can she keep up the act?
                                                                                                                                                                                                                                                                                             00:03:01.969 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Limelight Pretender Prince - Trailer p019bdc8 podcast
                                                                                                                                                                     Jack Lowden presents a compelling drama on the rise and fall of Bonnie Prince Charlie.
Limelight The Betrayed - 01. Episode 1. Siblings m002kfmz podcast
                                                                                                                                                                     A brother's far-right activism creates a major dilemma for his Police Detective sister.
                                                                                                                                                                                                                                                                                             00:29:01.426 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:01:56.871 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Limelight The Betrayed - 01. Trailer p0m6btx2 podcast
                                                                                                                                                                     A brother's far-right activism creates a major dilemma for his Police Detective sister
Limelight The Betrayed - 02. Episode 2. The Deal m002ks5r other
                                                                                                                                                                     Louise has covered up evidence of her brother's looting, but at what cost to her career?
                                                                                                                                                                                                                                                                                             00:28:17.959 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Limelight The Betraved - 03. Episode 3. The Network m002ktsd other
                                                                                                                                                                                                                                                                                             00:28:42.540 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Frank's drift into far-right politics has been noted by Louise's Police colleagues.
Limelight The Betrayed - 04. Episode 4. Badboy m002ktsg other
                                                                                                                                                                     Louise discovers that no good deed goes unpunished, when it comes to her brother Frank
                                                                                                                                                                                                                                                                                             00:28:47.764 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Limelight The Betrayed - 05. Episode 5. Manhunt m002ktsj other
                                                                                                                                                                     Though now suspended from the Police, Louise realises she must convict her brother Frank.
                                                                                                                                                                                                                                                                                             00:28:20.153 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Little Blighty on the Down Series 2 - 05. Episode 5 b007jxwl shortened
                                                                                                                                                                     Parish Council leader Mrs Roberts finds it hard to relax on her holiday.
                                                                                                                                                                                                                                                                                             00:25:01.022 | Comedy
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:13:56.702 Drama
Mabinogi Lost Legends and Dark Magic - 1. Beyond the Forests p09myqv6 podcast
                                                                                                                                                                     Fantasy podcast series, based on the ancient myths of Wales.
                                                                                                                                                                                                                                                                                             00:13:25.590 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 2. Horses of Harlech p09myr5r podcast
                                                                                                                                                                     As Irish warships gather, Pryderi, Prince of Dyfed, embarks on a dangerous mission.
Mabinogi Lost Legends and Dark Magic - 3. The Cauldron p09myr7q podcast
                                                                                                                                                                     Pryderi and Brigid uncover the otherworldly power of the magic cauldron
                                                                                                                                                                                                                                                                                             00:14:14.517 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 4. An Army Assembles p09myrbl podcast
                                                                                                                                                                                                                                                                                             00:13:32.773 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Pryderi and Brigid set out to rescue Princess Branwen
Mabinogi Lost Legends and Dark Magic - 5. War p09myrd8 podcast
                                                                                                                                                                     As war between Wales and Ireland breaks out, Pryderi joins the fleet
                                                                                                                                                                                                                                                                                             00:16:27.193 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:14:42.755 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 6. A Promise p09myrgw podcast
                                                                                                                                                                     In the aftermath of the war between Wales and Ireland, Brigid wakes in the Otherworld.
                                                                                                                                                                                                                                                                                             00:17:18.289 Drama
Mabinogi Lost Legends and Dark Magic - 7. The Prophecy p09myrj1 podcast
                                                                                                                                                                     King Bran tells Pryderi of a prophecy concerning the destiny of Wales.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 8. Into the Otherworld p09myrlt podcast
                                                                                                                                                                                                                                                                                             00:13:18.014 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Pryderi finds a way to cross realities
                                                                                                                                                                     Pryderi is guided through the Otherworld by a small fairy called Pwca.
                                                                                                                                                                                                                                                                                             00:14:34.004 Drama
                                                                                                                                                                                                                                                                                                                                Unedited | Added 10 2025
Mabinogi Lost Legends and Dark Magic - 9. Land of the Tylwyth Teg p09myrpn podcast
Mabinogi Lost Legends and Dark Magic - 10. The Eternal Feast p09myrzb podcast
                                                                                                                                                                     Brigid finally finds her Mother, but their reunion is not what she expects.
                                                                                                                                                                                                                                                                                             00:16:08.881 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 11. The Seal Woman p09mvs85 podcast
                                                                                                                                                                    A tale is told; the story of Brigid's true parents and of how she came to be abandoned
                                                                                                                                                                                                                                                                                            00:20:00.953 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 12. The Road of Sinners p09mysmm podcast
                                                                                                                                                                     Brigid assembles a team to return to the real world and confront her mother.
                                                                                                                                                                                                                                                                                             00:13:34.706 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 13. Enchanted Land p09mysvs podcast
                                                                                                                                                                     Brigid and Pryderi return to reality to find it changed beyond recognition.
                                                                                                                                                                                                                                                                                             00:14:03.676 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 14. Kiss From the Dead p09mysyg podcast
                                                                                                                                                                     As they prepare to take on the unearthly power of Roisin, Brigid and Pryderi swap bodies
                                                                                                                                                                                                                                                                                             00:14:32.829 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Mabinogi Lost Legends and Dark Magic - 15. The White Hill p09myt33 podcast
                                                                                                                                                                                                                                                                                             00:13:51.921 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Brigid and Pryderi must defeat Roisin and fulfil King Bran's prophecy
                                                                                                                                                                                                                                                                                            00:28:00.039 Comedy
Millport Series 2 - 03. Avowal b0076221 original
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     How will village disputes be solved if no-one is talking to each other?
North Woods by Daniel Mason - 01. Episode 1 m002137k other
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Concerning the story of a small yellow house in Massachusetts spanning four centuries.
                                                                                                                                                                                                                                                                                             00:13:38.938 Drama
                                                                                                                                                                                                                                                                                             00:13:41.969 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
North Woods by Daniel Mason - 02. Episode 2 m002135t other
                                                                                                                                                                     Concerning the Osgood family and the planting of the great apple orchard.
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
North Woods by Daniel Mason - 03. Episode 3 m00213f8 other
                                                                                                                                                                     Concerning the history of twin sisters Alice and Mary Osgood, heirs to the Wonder apple.
                                                                                                                                                                                                                                                                                             00:13:37.946 Drama
North Woods by Daniel Mason - 04. Episode 4 m00213i7 other
                                                                                                                                                                                                                                                                                             00:13:46.331 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Concerning the myth of the catamount and the quest of Phalen the slave hunter.
                                                                                                                                                                                                                                                                                            00:13:49.831 Drama
North Woods by Daniel Mason - 05. Episode 5 m00213qd other
                                                                                                                                                                     Concerning the great love between EN and WHT.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
North Woods by Daniel Mason - 06. Episode 6 m002ldj4 other
                                                                                                                                                                     Concerning the extraordinary talents of the medium Anastasia Rossi.
                                                                                                                                                                                                                                                                                             00:13:26.582 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:13:37.293 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
North Woods by Daniel Mason - 07. Episode 7 m002ld6j othe:
                                                                                                                                                                     Concerning the unusual case of Robert S and his unsettling visions
North Woods by Daniel Mason - 08. Episode 8 m002lfww other
                                                                                                                                                                     Concerning a thrilling edition of True Crime! as recounted by reporter Jack Dunne.
                                                                                                                                                                                                                                                                                             00:13:45.600 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
North Woods by Daniel Mason - 09. Episode 9 m0021ffr other
                                                                                                                                                                                                                                                                                             00:13:45.626 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Concerning an address to the Historical Society of Western Massachusetts by a detectorist
North Woods by Daniel Mason - 10. Episode 10 m0021fk4 other
                                                                                                                                                                     Concerning Nora, an ecologist and her research into the paintings of William Henry Teale
                                                                                                                                                                                                                                                                                             00:14:13.002 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Shadow World The People vs McDonalds - 6. Judge for Yourself m002hp7n podcast
                                                                                                                                                                     The verdict is finally delivered, and Helen uncovers who her ex-partner John really was.
                                                                                                                                                                                                                                                                                             00:28:54.164 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - A Scandal in Bohemia Part One p0llfshf original
                                                                                                                                                                     After a visit from a masked man, Holmes is drawn into a web of international intrigue.
                                                                                                                                                                                                                                                                                             00:25:40.466 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - A Scandal in Bohemia Part Two p013b7t5 original
                                                                                                                                                                     The battle of wits between Holmes and Adler reaches its thrilling conclusion..
                                                                                                                                                                                                                                                                                             00:36:08.189 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                            00:40:17.763 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - Introducing Jane Austen Stories p0m69df9 original
                                                                                                                                                                     Listen to Jane Austen's classic tales, narrated by Dame Julie Andrews
Sherlock Holmes Short Stories - The Adventure of Black Peter Part One p0m7gtfx original
                                                                                                                                                                     In a cabin in the woods, a retired sea captain is pinned to the wall by his own harpoon.
                                                                                                                                                                                                                                                                                            00:30:18.697 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:30:38.184 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of Black Peter Part Two p0m8c5vc original
                                                                                                                                                                     Under cover of darkness, someone unexpected pays a visit to the murdered captain's cabin.
Sherlock Holmes Short Stories - The Adventure of Charles Augustus Milverton Part One p017d7zn original
                                                                                                                                                                     Sherlock comes face-to-face with the criminal he calls 'the worst man in London'.
                                                                                                                                                                                                                                                                                             00:24:36.388 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Our heroes become criminals as they prepare to break into Milverton's fortress-like home
Sherlock Holmes Short Stories - The Adventure of Charles Augustus Milverton Part Two p018sbz4 original
                                                                                                                                                                                                                                                                                             00:26:26.259 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of Silver Blaze Part One p0kw665t original
                                                                                                                                                                     Holmes and Watson investigate the disappearance of England's most celebrated racehorse.
                                                                                                                                                                                                                                                                                             00:41:16.512 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of Silver Blaze Part Two p0kxqzml original
                                                                                                                                                                     Following a trail of hoofprints across the moors, Holmes uncovers a hidden conspiracy...
                                                                                                                                                                                                                                                                                            00:29:54.586 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure Of The Abbey Grange Part One p0lgcdbh original
                                                                                                                                                                                                                                                                                             00:34:35.219 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Sherlock investigates what the police assure him is a simple case of burglary gone wrong.
Sherlock Holmes Short Stories - The Adventure Of The Abbey Grange Part Two p0lhnxqc original
                                                                                                                                                                     A ghost from the past forces Sherlock to choose between justice and the law.
                                                                                                                                                                                                                                                                                             00:32:29.675 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Beryl Coronet Part One p0mlztdk original
                                                                                                                                                                     When gems are stolen, Sherlock must navigate through the halls of wealth and privilege
                                                                                                                                                                                                                                                                                             00:32:42.161 Drama
Sherlock Holmes Short Stories - The Adventure of the Beryl Coronet Part Two p0m3j4ly original
                                                                                                                                                                     Will the great Sherlock Holmes be able to catch the real culprit before it's too late?
                                                                                                                                                                                                                                                                                             00:35:21.482 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Bruce-Partington Plans Part One p0kqszv5 original
                                                                                                                                                                     With the death of a government clerk, the security of England could be at stake..
                                                                                                                                                                                                                                                                                             00:28:37.681 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Bruce-Partington Plans Part Three p0ktr7m3 original
                                                                                                                                                                     In a final bid to retrieve the Bruce-Partington plans, Holmes sets a dangerous trap.
                                                                                                                                                                                                                                                                                             00:24:35.186 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Bruce-Partington Plans Part Two p0ks5yhn original
                                                                                                                                                                                                                                                                                             00:29:30.684 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Holmes makes a stunning discovery that leads to an unexpected twist in the investigation.
Sherlock Holmes Short Stories - The Adventure of the Cardboard Box Part One p0mb4wnn original
                                                                                                                                                                                                                                                                                            00:30:18.984 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                    A gruesome package leads Holmes and Watson to a shipping yard in Liverpool
Sherlock Holmes Short Stories - The Adventure of the Copper Beeches Part One p0lmgkym original
                                                                                                                                                                     When a governess is offered a job in the countryside, she turns to Holmes for advice
                                                                                                                                                                                                                                                                                             00:39:45.266 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:32:33.541 Drama
Sherlock Holmes Short Stories - The Adventure of the Copper Beeches Part Two p0lp7twd original
                                                                                                                                                                     Holmes and Watson learn the truth behind Violet Hunter's strange new position.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Dancing Men Part One p0kcw5vl original
                                                                                                                                                                     While decoding a series of stick figure drawings, Holmes realises his client is in danger
                                                                                                                                                                                                                                                                                             00:29:03.621 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Dancing Men Part Two p0kd0gh6 original
                                                                                                                                                                     Holmes identifies the killer and sets a clever trap. But will the murderer take the bait?
                                                                                                                                                                                                                                                                                             00:39:41.139 Drama
Sherlock Holmes Short Stories - The Adventure of the Devils Foot Part One polizbowy original
                                                                                                                                                                                                                                                                                             00:36:36.349 Drama
                                                                                                                                                                     Holmes separates myth from reality to expose a truth more terrifying than any ghost story
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Devils Foot Part Two p0m063hc original
                                                                                                                                                                     A strange substance, a smoking lamp, and a private experiment lead Holmes to the truth.
                                                                                                                                                                                                                                                                                             00:37:17.492 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     An engineer visits Dr. Watson's surgery with a severed thumb - an apparent work injury...
                                                                                                                                                                                                                                                                                             00:30:49.495 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Engineers Thumb Part One p0kmtpzx original
Sherlock Holmes Short Stories - The Adventure of the Engineers Thumb Part Two p0kp8tdp original
                                                                                                                                                                     Holmes and Watson race to Berkshire where a dangerous conspiracy is revealed.
                                                                                                                                                                                                                                                                                             00:26:42.481 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Greek Interpreter Part One p014s8z0 original
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Fearing for his life, a Greek interpreter turns to Holmes and Watson for help.
                                                                                                                                                                                                                                                                                             00:29:15.193 Drama
Sherlock Holmes Short Stories - The Adventure of the Greek Interpreter Part Two p015xwdj original
                                                                                                                                                                     Will the Holmes brothers' genius be enough to unravel this international conspiracy?
                                                                                                                                                                                                                                                                                             00:25:36.417 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:40:50.938 Drama
                                                                                                                                                                     A woman falls under the spell of a notorious playboy; Holmes is asked to break them up.
Sherlock Holmes Short Stories - The Adventure of the Illustrious Client Part One p0lwqqz5 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Illustrious Client Part Two p0ly647z original
                                                                                                                                                                     With Holmes gravely injured and time running out, Watson embarks on an undercover mission
                                                                                                                                                                                                                                                                                             00:31:29.149 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Norwood Builder Part One p0lq9r8d original
                                                                                                                                                                     Sherlock has a new case when a wealthy builder is found murdered in his home...
                                                                                                                                                                                                                                                                                             00:31:15.957 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Holmes is told to abandon all hope as he races to prove McFarlane's innocence...
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Norwood Builder Part Two p0lrml5r original
                                                                                                                                                                                                                                                                                             00:37:08.662 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Second Stain Part One poljymlf original
                                                                                                                                                                     Holmes becomes embroiled in a political case at the behest of the Prime Minister.
                                                                                                                                                                                                                                                                                            00:34:19.624 Drama
Sherlock Holmes Short Stories - The Adventure of the Second Stain Part Two p0llcjr0 original
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     As days pass without progress, the threat of war looms ever closer.
                                                                                                                                                                                                                                                                                              00:39:56.369 | Drama
Sherlock Holmes Short Stories - The Adventure of the Speckled Band Part One p0kbcyb3 original
                                                                                                                                                                     A terrified Helen Stoner arrives at 221B Baker Street seeking Sherlock Holmes's help.
                                                                                                                                                                                                                                                                                             00:27:19.053 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:21:38.651 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Adventure of the Speckled Band Part Three p0kbr8rm original
                                                                                                                                                                     As darkness falls, Holmes and Watson conduct a daring break-in and unmask the killer
Sherlock Holmes Short Stories - The Adventure of the Speckled Band Part Two p0kbd95p original
                                                                                                                                                                                                                                                                                             00:26:41.906 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     Holmes and Watson head to Stoke Moran where they discover a series of enigmatic clues.
                                                                                                                                                                                                                                                                                            00:24:01.489 Drama
Sherlock Holmes Short Stories - The Disappearance of Lady Frances Carfax Part One p0lt59jh original
                                                                                                                                                                     When a wealthy woman vanishes while travelling abroad, Holmes sends Watson to investigate
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Disappearance of Lady Frances Carfax Part Two p0lvdhvc original
                                                                                                                                                                     Back in London, an oddly shaped coffin leads to a desperate race against time...
                                                                                                                                                                                                                                                                                             00:31:20.842 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Man with the Twisted Lip Part One p0kjvxr2 original
                                                                                                                                                                     A series of clues leads Holmes to believe that a well-respected businessman was murdered.
                                                                                                                                                                                                                                                                                             00:36:47.529 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Man with the Twisted Lip Part Two p0klcrcj original
                                                                                                                                                                     As the mystery surrounding the disappearance unrayels. Sherlock faces a moral dilemma...
                                                                                                                                                                                                                                                                                            00:26:28.062 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Musgrave Ritual Part One p0kz4jrd original
                                                                                                                                                                     After a visit from a friend, Sherlock finds himself drawn into a centuries-old mystery...
                                                                                                                                                                                                                                                                                             00:27:21.874 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Holmes realises that a riddle has guarded a shocking family secret for generations..
Sherlock Holmes Short Stories - The Musgrave Ritual Part Two p010n754 original
                                                                                                                                                                                                                                                                                             00:28:31.516 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Sherlock Holmes Short Stories - The Naval Treaty Part One p0lb6r5d original
                                                                                                                                                                     Sherlock investigates the seemingly impossible disappearance of a top-secret treaty.
                                                                                                                                                                                                                                                                                             00:34:05.022 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Naval Treaty Part Three p0ldxdn0 original
                                                                                                                                                                     Holmes sets a dangerous plan into motion, which leads to a violent struggle.
                                                                                                                                                                                                                                                                                             00:32:02.847 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Naval Treaty Part Two pOlcig43 original
                                                                                                                                                                                                                                                                                            00:27:06.540 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Holmes's investigation leads from Scotland Yard to the Halls of Parliament.
Sherlock Holmes Short Stories - The Problem of Thor Bridge Part One p0m4r7c6 original
                                                                                                                                                                     When a gold magnate's wife is found murdered, evidence points to the family's governess.
                                                                                                                                                                                                                                                                                             00:33:38.481 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Using twine, a heavy stone, and Watson's revolver, Holmes stages a bold experiment..
Sherlock Holmes Short Stories - The Problem of Thor Bridge Part Two p0m63446 original
                                                                                                                                                                                                                                                                                             00:32:05.694 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Sherlock Holmes Short Stories - The Red-Headed League Part One p0kdrz5y original
                                                                                                                                                                     When Mr Wilson visits Baker Street, Holmes is drawn into one of his strangest cases yet.
                                                                                                                                                                                                                                                                                             00:31:14.337 Drama
Sherlock Holmes Short Stories - The Red-Headed League Part Two p0khf4rs original
                                                                                                                                                                     Holmes races against time as the case of the Red-Headed League takes a sinister turn.
                                                                                                                                                                                                                                                                                             00:31:19.249 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                            00:13:45.521 Drama
Short Works - Beans b0bclyhg original
                                                                                                                                                                     By Jan Carson. A magical story about family, poverty and a bottomless can of baked beans.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - Everlasting Light m0021bh3 original
                                                                                                                                                                     An original short work for radio by Victoria MacKenzie.
                                                                                                                                                                                                                                                                                             00:13:44.946 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - Exit Number 8 m0003618 original
                                                                                                                                                                                                                                                                                             00:13:10.935 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     An original short story about living with OCD, written and read by Katie Sherrard.
Short Works - Harry Swithenbacks Private Visit by Alan Warner m00213pr original
                                                                                                                                                                     TV antiques expert Harry Swithenback is hoping for a holiday but the town has other ideas.
                                                                                                                                                                                                                                                                                             00:13:40.088 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:13:48.055 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - My Sister Biira by Jennifer Nansubuga Makumbi m0001p70 original
                                                                                                                                                                     In Jennifer Nansubuga Makumbi's specially commissioned short story there's a family secret
Short Works - Paul by Francesca Reece m0025c05 original
                                                                                                                                                                     Cleo worries her mother's fallen for a romance scam.
                                                                                                                                                                                                                                                                                            00:13:53.933 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - Statue by Emma Smith-Barton m0022skd original
                                                                                                                                                                     72 hours after giving birth, Sadia turns into a statue.
                                                                                                                                                                                                                                                                                             00:13:55.552 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Short Works - The Cottage m002ks5w original
                                                                                                                                                                     A young lad helps his dad renovate a cottage in the woods where normal rules don't apply.
                                                                                                                                                                                                                                                                                             00:13:21.306 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - The Flood by Deepa Anappara m00014zw original
                                                                                                                                                                     It's monsoon season and a woman is trapped in her home. But is she really alone?
                                                                                                                                                                                                                                                                                             00:13:42.569 Drama
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:13:34.471 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Short Works - The Girl in the Painting m000300h original
                                                                                                                                                                     In Stephanie Victoire's story, 13-year-old Eli falls for the image of a girl.
Short Works - The Victim m002kfn4 original
                                                                                                                                                                     Detective comedy about vigils, victims and vintage coats.
                                                                                                                                                                                                                                                                                            00:13:52.705 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Thanks a Lot Milton Jones Series 3 - 06. The Decluttererer b0b430zf original
                                                                                                                                                                     Sort out your life and sign up for the Milton Declutterering Method!
                                                                                                                                                                                                                                                                                             00:27:50.844 Comedy
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Abergele Files - Gong m002kyrj original
                                                                                                                                                                     The world's worst detective agency has come to north Wales. Relax, criminals.
                                                                                                                                                                                                                                                                                             00:32:00.026 Comedy
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Actor The Lodgings The Kipper And Ma - b0084ht0 original
                                                                                                                                                                     Geoffrey Wheeler recollects the world of theatrical landladies. With Bruce Forsyth.
                                                                                                                                                                                                                                                                                             00:29:00.042 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     A paranormal cold case re-investigated through a thrilling blend of drama and documentary
The Battersea Poltergeist - Introducing The Battersea Poltergeist p09401n0 podcast
                                                                                                                                                                                                                                                                                             00:03:44.261 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Food Programme - Follow the Food The Rise of Food Tourism m002j62v other
                                                                                                                                                                     Sheila Dillon investigates the growing number of food tours and trails.
                                                                                                                                                                                                                                                                                            00:42:46.844 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Food Programme - In Search of Mustard in Norwich m002k4p7 other
                                                                                                                                                                     Five years after the Colman's factory left, is Norwich forgetting its mustard history?
                                                                                                                                                                                                                                                                                             00:41:09.773 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Food Programme - The Rise of Matcha m002jhm6 other
                                                                                                                                                                     What next for the powdered green tea that's become a global health trend phenomenon?
                                                                                                                                                                                                                                                                                             00:41:54.129 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:42:38.876 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Food Programme - Waless Secret Ingredient Lessons from Cymru on the Future of Food m002 isvl other
                                                                                                                                                                     Wales's Secret Ingredient: Lessons from Cymru on the Future of Food.
The Girl with the Dead Long Legs Series 1 - 01. Episode 1 I need you now more than ever m00244fp podcast
                                                                                                                                                                     Private Detective Howard Dick is called to Belfast to crack a case for his old flame.
                                                                                                                                                                                                                                                                                             00:26:06.641 Podcasts
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Girl with the Dead Long Legs Series 1 - 02. Episode 2 Undercover Dick m0024cr2 podcast
                                                                                                                                                                     Private Detective Howard Dick goes undercover to catch a thief.
                                                                                                                                                                                                                                                                                            00:30:58.011 Comedy
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Girl with the Dead Long Legs Series 1 - 03. Episode 3 The Femme Fatale m002419v podcast
                                                                                                                                                                     Dick meets up with a mysterious but beautiful nightclub singer.
                                                                                                                                                                                                                                                                                             00:28:02.964 Podcasts
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Girl with the Dead Long Legs Series 1 - 04. Episode 4 All tied up m0024pwb podcast
                                                                                                                                                                     Tied up and held hostage, Dick and his new friend face an uncertain fate.
                                                                                                                                                                                                                                                                                             00:27:52.071 Podcasts
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Girl with the Dead Long Legs Series 1 - 05. Episode 5 The secrets out m0024pwd podcast
                                                                                                                                                                     Dick uncovers an evil master plan and tries to put a stop to it.
                                                                                                                                                                                                                                                                                            00:33:42.400 Comedy
The Inquiry - How much of a threat is satellite warfare w3ct7230 original
                                                                                                                                                                     Countries have been testing anti-satellite weapons in space
                                                                                                                                                                                                                                                                                             00:22:59.709 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Inquiry - Is it time to copyright your face w3ct7232 original
                                                                                                                                                                     Could copyright law protect ourselves from Deepfakes?
                                                                                                                                                                                                                                                                                             00:22:58.951 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:22:57.776 Factual
The Inquiry - Is time up for TikTok in the US w3ct7231 original
                                                                                                                                                                     TikTok's future in the US hangs in the balance amid national security concerns
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
The Inquiry - Why are more people getting Lyme disease w3ct7234 original
                                                                                                                                                                     Lyme disease is becoming more common. But what's driving that?
                                                                                                                                                                                                                                                                                             00:22:59.474 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
The Inquiry - Why does Mexico owe the US water w3ct7233 original
                                                                                                                                                                     Why are Mexico and the US in dispute over water?
                                                                                                                                                                                                                                                                                            00:22:58.246 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     A trail of chaos that changed British music. Ep 1 traces the band's turbulent origins.
The Rise and Fall of Sex Pistols - 1. No Future m0021gp2 podcast
                                                                                                                                                                                                                                                                                             00:17:38.612 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 2. Year Zero m002lgp4 podcast
                                                                                                                                                                     'We're not into music, we're into chaos.' The band takes to the stage.
                                                                                                                                                                                                                                                                                             00:23:09.061 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 3. The Filth and the Fury m002lrjt podcast
                                                                                                                                                                     A half-cut band. A smirking presenter. The live TV broadcast that shook Britain.
                                                                                                                                                                                                                                                                                             00:19:02.465 Music
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 4. Cancelled m0021qp6 podcast
                                                                                                                                                                     The band face the music and harness British outrage.
                                                                                                                                                                                                                                                                                             00:22:21.962 Music
The Rise and Fall of Sex Pistols - 5. Anarchy on the Thames m002lgp8 podcast
                                                                                                                                                                     Hijacking the Silver Jubilee - and a legendary riverboat stunt.
                                                                                                                                                                                                                                                                                             00:18:30.752 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 6. The Album The Outrage and the Court Case m0021gpd podcast
                                                                                                                                                                     Sex Pistols take on the law, the tabloids, the establishment... and win?
                                                                                                                                                                                                                                                                                             00:20:40.659 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 7. No Fun. Implosion in the USA. m0021gpb podcast
                                                                                                                                                                     'Ever get the feeling you've been cheated?' The first American Tour.
                                                                                                                                                                                                                                                                                            00:20:07.510 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Rise and Fall of Sex Pistols - 8. My Way m0021gpg podcast
                                                                                                                                                                     A tragic chapter for punk's most iconic band.
                                                                                                                                                                                                                                                                                            00:21:03.229 Music
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
The Witch Farm - Welcome to The Witch Farm p0d60772 podcast
                                                                                                                                                                                                                                                                                             00:04:00.248 Drama
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                     Welcome to the most haunted house in Britain.
                                                                                                                                                                     A journey through the landscape that shapes the health of our children.
Three Ages of Child - 01. Episode 1 The Early Years m002k384 original
                                                                                                                                                                                                                                                                                            00:41:29.391 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:01:35.869 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - 20 A Succubus in Taiwan p0lvdky2 podcast
                                                                                                                                                                     Another bite-sized tale of terror for Halloween.
Uncanny Halloween Countdown 2025 - Case 1 Mrs Murphy Says Hello p0lvd9w0 podcast
                                                                                                                                                                     A brand-new daily tale of terror for the Halloween season
                                                                                                                                                                                                                                                                                             00:06:02.266 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 2 The Secret Song polydgli podcast
                                                                                                                                                                     Danny's Halloween Advent continues
                                                                                                                                                                                                                                                                                             00:01:43.732 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 3 Another Alice p0lvdgzv podcast
                                                                                                                                                                     What's behind the door of the Halloween Advent Calendar today?
                                                                                                                                                                                                                                                                                            00:01:32.839 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 4 The Shadow Man of South Dublin p0lvdhc2 podcast
                                                                                                                                                                     Another bite-sized tale of terror for Halloween
                                                                                                                                                                                                                                                                                             00:01:40.937 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 5 Rio the Poodle p0lvdhs7 podcast
                                                                                                                                                                     A brand new tale of terror from the Uncanny Inbox
                                                                                                                                                                                                                                                                                             00:01:37.880 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:01:35.373 Factual
Uncanny Halloween Countdown 2025 - Case 6 The Blanket Seal p0lvdj19 podcast
                                                                                                                                                                     What fresh Uncanny horrors await today?
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 7 The Ghosts of Bosworth p0lydi4b podcast
                                                                                                                                                                     What fresh Uncanny horrors await today?
                                                                                                                                                                                                                                                                                             00:01:33.413 Factual
Uncanny Halloween Countdown 2025 - Case 8 The Black Dog of Ibrox p0lvdj5r podcast
                                                                                                                                                                     Counting down to Halloween with a daily tale of terror from Danny Robins.
                                                                                                                                                                                                                                                                                            00:07:43.386 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 9 Is Walter There p0lvdjfm podcast
                                                                                                                                                                     Daily Halloween horrors from Danny Robins.
                                                                                                                                                                                                                                                                                             00:01:38.194 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 10 A Ghost in My Bed p0lvdjk1 podcast
                                                                                                                                                                     A bite-sized tale of terror for Halloween.
                                                                                                                                                                                                                                                                                             00:01:36.261 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                            00:01:39.239 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 11 The Sinister Cyclist p0lydjs8 podcast
                                                                                                                                                                     Another daily nugget of horror from Danny Robins.
                                                                                                                                                                                                                                                                                             00:01:37 776 Factual
Uncanny Halloween Countdown 2025 - Case 12 No Children Allowed polydjty podcast
                                                                                                                                                                     More daily chills from Danny Robins.
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 13 Descent Into Darkness p0lvdjxl podcast
                                                                                                                                                                                                                                                                                             00:01:43.366 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                    A new short story from the Uncanny Inbox
Uncanny Halloween Countdown 2025 - Case 14 The Glowing Man p0lvdk4k podcast
                                                                                                                                                                     Danny Robins brings more daily horrors for Halloween.
                                                                                                                                                                                                                                                                                             00:01:28.163 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 15 The Kitchen Bitch p0lvdkjy podcast
                                                                                                                                                                                                                                                                                             00:11:23.441 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                     A chilling tale of the supernatural for Halloween.
Uncanny Halloween Countdown 2025 - Case 16 Uncle Abby pOlydkk6 podcast
                                                                                                                                                                     More Halloween horrors from Danny Robins... dare you listen?
                                                                                                                                                                                                                                                                                            00:01:39.866 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 17 The Half Cat p0lvdkv5 podcast
                                                                                                                                                                     A brand-new tale of terror for the Halloween season
                                                                                                                                                                                                                                                                                             00:02:20.382 Factual
Uncanny Halloween Countdown 2025 - Case 18 She Opened the Door p0lvdkvc podcast
                                                                                                                                                                     Danny's Halloween Advent marches onwards.
                                                                                                                                                                                                                                                                                             00:01:32.081 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
                                                                                                                                                                                                                                                                                             00:01:35.973 Factual
Uncanny Halloween Countdown 2025 - Case 19 The Phantom Mini of Clophill p0lvdkxw podcast
                                                                                                                                                                     What's behind the door of Danny's Halloween Advent Calendar today?
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 21 Janey Died Here p0lvdm6y podcast
                                                                                                                                                                     A brand-new tale of terror from the Uncanny inbox.
                                                                                                                                                                                                                                                                                             00:01:32.551 Factual
                                                                                                                                                                                                                                                                                                                                Unedited Added 10 2025
                                                                                                                                                                                                                                                                                            00:14:02.057 Factual
Uncanny Halloween Countdown 2025 - Case 22 The Black Triangle p0lvdm76 podcast
                                                                                                                                                                     What Halloween horrors will Danny bring today?
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
Uncanny Halloween Countdown 2025 - Case 23 The Shop Assistants Partner p0lvdmgy podcast
                                                                                                                                                                     We count down to Halloween with a daily tale of terror.
                                                                                                                                                                                                                                                                                             00:01:26.439 Factual
                                                                                                                                                                                                                                                                                                                               Unedited Added 10 2025
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Uncanny Halloween Countdown 2025 - Case 24 Fire Foretold p0lvdmhx podcast
Uncanny Halloween Countdown 2025 - Case 25 The Goat-Faced Man p0lvdnlt podcast
Uncanny Halloween Countdown 2025 - Case 26 The Eleven Oclock Lady p0lvdn2j podcast
 Uncanny Halloween Countdown 2025 - Case 27 The Pom Pom Hedgehog p0lvdnck podcast
Uncanny Halloween Countdown 2025 - Case 28 Evans Friend p0lvdndg podcast
Uncanny Halloween Countdown 2025 - Case 29 Granny in the Sky p0lvdns4 podcast
Uncanny Halloween Countdown 2025 - Case 30 The Old Man of Blorenge p0lvdnv0 podcast
 Uncanny Halloween Countdown 2025 - Case 31 A Shock on the Back Seat p0lvdnv6 podcast
 Uncanny Post Mortem - 01. Introducing Uncanny Post Mortem p0kk3vms podcast
Uncanny Post Mortem - 02. S1. Case 1 The Haunting of Hollymount Farm p0kk3vt8 podcast
Uncanny Post Mortem - 03. Sl. Case 2 The Charity Shop Poltergeist p0kk3vz7 podcast
Uncanny Post Mortem - 04. S1. Case 3 Shadow Man p0kk9lv9 podcast
 Uncanny Post Mortem - 05. S1. Case 4 Emilys Room p0kk91zc podcast
 Uncanny Series 1 - Introducing Uncanny p09ydnlk podcast
Uncanny Series 1 - S1. Case 11 The Curse of Luibeilt m0013218 podcast
Uncanny Series 1 - S1. Summer Special Part 3 Uncanny Live p0cdvrh9 podcast
 Uncanny Series 2 - S2. Case 8 The Guest Book m001mbn6 podcast
 Uncanny Series 2 - S2. Case 9 The Beast of Langeais m001ml5k podcast
 Uncanny Series 2 - S2. Case 11 Uncanny Live at Hay m001n1hh podcast
Uncanny Series 2 - S2. Case 12 The Ghost That Followed Us Home m001n8bd podcast
Uncanny Series 2 - Uncanny is back p0fclhml podcast
Uncanny Series 4 - 04. S4. Case 4 The Hairy Man m001zg61 podcast
Uncanny Series 4 - 09. S4. Case 9 The Labor Day UFO m0020j4r podcast
Uncanny Series 4 - Introducing Uncanny USA p0hsby62 podcast
Uncanny Series 5 - 01. Case 1. The Haunted Street - Halloween Special m002lfjz podcast
 Uncanny Summer Specials - Trailer Uncanny Summer Specials p01fycx5 podcast
 Unexpected Elements - Science inspired by Taylor Swift w3ct72wm podcast
Up In Smoke - 1. The Fire p0lh8034 original
Up In Smoke - 2. The Burning Boy p0lh8j3z original
Up In Smoke - 3. 18 15 22 p0ljmgzc original
Up In Smoke - 4. An Evening Stroll p0lkzmf9 original
Up In Smoke - 5. Psych and Subscribe p0lm9kk2 original
Up In Smoke - 6. Bogeybear p0lntrjq original
Up In Smoke - 7. Selfish Spirits p0lqgd7y original
Up In Smoke - 8. Facades p0lrfpkn original
 Whodunnits Hercule Poirot - The Mystery of the Blue Train - 1. Heart of Fire m0002cd6
 Whodunnits Hercule Poirot - The Mystery of the Blue Train - 2. The Blue Train m0002cct
Whodunnits Hercule Poirot - The Mystery of the Blue Train - 3. A Meeting at the Villa Marguerite m0002c9k
Whodunnits Hercule Poirot - The Mystery of the Blue Train - 4. Le Comte de la Roche m0002chk original
 Whodunnits Hercule Poirot - The Mystery of the Blue Train - 5. A Dancers Revenge m0002cvc original
 Whodunnits Hercule Poirot - The Mystery of the Blue Train - 6. The Mask of The Marquis m0002hdp original
Winchelsea Book 1 Part 1 chapters 01-09
Winchelsea Book 1 Part 1 chapters 10-17
 Winchelsea Book 1 Part 1 chapters 18-24
 Winchelsea Book 1 Part 2 chapters 01-11
 Winchelsea Book 1 Part 2 chapters 12-22
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Winchelsea Book 1 Part 3 chapters 01-12 Winchelsea Book 2 Winchelsea Book 3 chapters 01-14 and epilogue

Winchelsea Full

Daily Halloween horrors from Danny Robins.	00:01:36.182	Factual	Unedited	Added 10 202
A bite-sized tale of terror for Halloween.	00:01:38.586	Factual	Unedited	Added 10 202
Halloween horrors from Danny Robins.	00:01:33.466	Factual		Added 10 202
Weird tales for Halloween from the Uncanny inbox.	00:01:34.850	Factual	Unedited	Added 10 202
A spooky scare every day in October.	00:01:40.597	Factual		Added 10 202
What fresh terrors await behind the doors of Danny's Halloween Advent Calendar?	00:01:25.394	Factual	Unedited	Added 10 202
Danny Robins bite-size tales of terror countdown to Halloween.	00:01:34.902	I .		Added 10 202
Our final short tale of terror for Halloween.	00:01:44.986		Unedited	Added 10 202
Danny Robins hosts a deeper dive into real-life supernatural encounters.	00:01:48.956	Factual	Unedited	Added 10 202
Danny Robins delves deeper into the haunting of Hollymount Farm with fresh revelations.	00:38:54.876	Factual	Unedited	Added 10 202
Danny Robins takes a deeper dive into The Charity Shop Poltergeist with new evidence.	00:39:32.728	Factual	Unedited	Added 10 202
Danny Robins takes a closer look at his latest terrifying case, Shadow Man.	00:39:05.665			Added 10 202
Danny Robins takes a deeper dive into his latest Uncanny investigation, Emily's Room.	00:41:36.757			Added 10 202
The Battersea Poltergeist's Danny Robins investigates real-life paranormal encounters.	00:03:46.377			Added 10 202
After his terrifying experience, Phil returns to Luibeilt to confront whatever lurks there	00:28:30.576			Added 10 202
Danny Robins hosts an exciting live episode of Uncanny recorded at the Hay Festival 2022.	00:58:07.425	I .		Added 10 202
Kitty moves into a new house, but someone else is living there someone who isn't alive.	00:28:31.804			Added 10 202
Two 17-year-olds hitchhiking in France have a brush with the devil.	00:30:04.042			Added 10 202
David Baddiel and Evelyn Hollow join Danny for this special episode from the Hay Festival.	00:28:35.356			Added 10 202
A family is followed home from France by a paranormal entity.	00:28:36.401	I .		Added 10 202
Incanny is back with more chilling real-life stories of the supernatural	00:03:21.560			Added 10 202
Fred and his relatives encounter terrifying creatures in the Alaskan wilderness.	00:28:44.551			Added 10 202
Multiple witnesses see lights in the sky above Massachusetts. What happened that night?	00:28:40.868			Added 10 202
Incanny is back for a brand new series, but with a big difference	00:04:22.687	I .		Added 10 202
A special hour-long Uncanny Halloween special recorded at the BBC Radio Theatre.	01:08:08.581			Added 10 202
Incanny is back with three spine chilling episodes to haunt your long summer evenings.	00:01:01.022			Added 10 202
Taylor Swift's new album The Life of a Showgirl inspires this week's episode.	00:49:30.357			Added 10 202
A devastating house fire kills a teenage boy, but police find no body in the ashes.	00:21:50.432	I .		Added 10 202
After an impossible video emerges, suspicion falls on last person to see Mason alive.	00:29:05.528	I .		Added 10 202
Kay realises she's made a huge mistake and Dylan uncovers a strange video of Mason.	00:28:34.782			Added 10 202
Suspicion around Mason makes Kay follow a new lead, and witness an event beyond belief.	00:19:45.489			Added 10 202
Shaken, Kay triggers a series of mistakes that explode into a public humiliation.	00:22:52.238			Added 10 202
Kay delves into the dark secrets of the Millers' past	00:22:44.689			Added 10 202
Kay and Burgess meet the shadowy person behind an illusive letter. Is it a trap?	00:24:20.140	I .		Added 10 202
(ay's 'Where are they now?' episode takes a pivotal turn, when a familiar face shows up.	00:24:44.591			Added 10 202
The 'Heart of Fire' is one of the world's legendary jewels which once adorned the crown of the Tsars.	00:27:26.136			Added 10 202
Katherine Grey is heading to Nice, but when the train finally arrives, someone she meets on-board won't be alighting	00:27:30.780			Added 10 202
With a victim brutally murdered and a fabulous gem stolen, Hercule Poirot starts to ?arrange the facts?.	00:27:22.608			Added 10 202
Poirot questions the Comte and intercepts a package	00:27:26.471	Drama		Added 10 202
Fingers point to Ruth's husband as the killer	00:27:21.299			Added 10 202
Derek is arrested for murder, but canny Poirot is unconvinced.	00:27:26.367			Added 10 202
In 18th-century Sussex, a young woman must enter the cut-throat world of her father's killers to find justice. An »				Added 10 202
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In 18th-century Sussex, a young woman must enter the cut-throat world of her father's killers to find justice. An » 09:30:24.535 Drama, Smuggling, » Edited Added 10 2025